

Autism Society of Minnesota (AuSM) Support Groups

AuSM Support Groups offer those affected by autism the opportunity to share problems, solutions, and joys with one another. Groups meet monthly at AuSM's office in St. Paul, and advance registration is required. To register, call 651.647.1083 ext. 10. If you do not register, the meeting may be cancelled without notice.

Autism Society of Minnesota

2380 Wycliff St. #102

St. Paul, MN 55114

www.ausm.org

Adult Family Member with ASD Group

For: adults with adult spouses, children, or siblings with autism spectrum disorder

Day/Time: meets the third Thursday of each month from 7-9 p.m.

2017: Oct. 19, Nov. 16, Dec. 21

2018: Jan. 18, Feb. 15, Mar. 15, Apr. 19, May 17, Jun. 21, Jul. 19, Aug. 16, Sep. 20, Oct. 18, Nov. 15, Dec. 20

Caregivers of Kids with ASD Support Group

For: parents and caregivers of school-aged kids with autism (ages 4-21)

Time: meets the second Saturday of each month from 10:30 a.m.-12 p.m. in 2017, and the last Saturday of the month from 10:30 a.m.-12 p.m. in 2018

2017: Oct. 14, Nov. 11., Dec. 9

2018: Jan. 27, Feb. 24, Mar. TBD, Apr. TBD, May TBD, Jun. 30, Jul. 28, Aug. 25, Sep. 29, Oct. 27, Nov. 17, Dec. 29

Independent Adults with ASD Social Support Group

For: adults with autism spectrum disorder who can participate without support

Time: meets the fourth Thursday of each month from 7-9 p.m.

2017: Oct. 26, Nov. 30, Dec. 28.

2018: Jan. 25, Feb. 22, Mar. 22, Apr. 26, May 24, Jun. 28, Jul. 26, Aug. 23, Sep. 27, Oct. 25, Nov. 29, Dec. 27

LGBT-QIA Adults with Autism Support Group

For: adults with autism spectrum disorder who identify as LGBT-QIA.

Time: meets the fourth Thursday of each month from 6-6:50 p.m.

2017: Oct. 26, Nov. 30, Dec. 28.

2018: Jan. 25, Feb. 22, Mar. 22, Apr. 26, May 24, Jun. 28, Jul. 26, Aug. 23, Sep. 27, Oct. 25, Nov. 29, Dec. 27

Women with ASD Support Group

For: women with autism spectrum disorder

Time: meets on the first Thursday of each month from 7-9 p.m.

2017: 6, Oct. 5, Nov. 2, Dec. 7.

2018: Jan. 4, Feb. 1, Mar. 1, Apr. 5, May 3, Jun. 7, Jul. 5, Aug. 2, Sep. 06, Oct. 04, Nov. 1, Dec. 6



autism society of minnesota

Other Support Groups in Minnesota

Free Groups

Anoka County: Autism Family Support. Meets third Tuesday from 6:30-9 p.m. at Faith Lutheran Church, 11115 Hanson Blvd., Coon Rapids. Contact: The ARC Greater Twin Cities, 952.920.0855.

Chaska: Parents & Family Members with Children w/ASD Attending District 112 Schools. Contact: Lynne Patterson, 952.556.6960.

Dakota County: Parents of Children with Autism Group. In collaboration with the Hastings school district, meets October-May on the last Tuesday of the month at McAuliffe Elementary School, 1601 12th St. W., Hastings.

Forest Lake: Autism Support Group for Parents. Meets every third Tuesday at 6:30 p.m. at 20 N. Lake St Town Square Building, Forest Lake. Visit <http://www.meetup.com/Autism-Support-Group/> for more info.

Minneapolis: Fathers of Special Needs Children Group. Meets the second Monday of the month from 6-7:30 p.m. Meetings are held at Wilder School-Minneapolis Public School. Co-facilitators, Steve Roecklein. PhD and Don Nikkola, MSW.

Aspies 20s-30s. Meets third Saturday of the month from 6-8 p.m. at the Lake Calhoun Lunds & Byerlys. Contact aspies20s30s@gmail.com.

Osseo: OASIS: Osseo Area Source of Information & Support by Prairie Care & ISD 279, for parents. Meets at Weaver Lake Elementary School- Media Center, 15900 Weaver Lake Rd., Maple Grove, from 6:30-8:30 p.m. on the third Monday of each month. Contact: Connie Posl, 763.315.7363 or Kim Kubicek (if you require childcare) at 9kubiceks@gmail.com or 507.444.4128.

Plymouth: ANSWER support groups for parents, family, friends, individuals, and professionals. Third Tuesday of the month. Plymouth Library, 15700 36th Ave. N., Plymouth, MN 55446.

Various Locations in the Metro Area: Midwest Special Services's Caregiver Connections, support for families/caregivers of those with special needs. Meets at various locations throughout the Twin Cities Metro area. RSVP is required. Contact: Jodi Meerovich at jmeerovich@mwsservices.org for further information.

Paid Groups

Edina: Adult Autism Group. Meets Thursdays, 5-6:30 p.m. \$25 per session at PrairieCare Edina. Contact: Tiffany Leuthold, LMFT, at 952.903.1285.

Plymouth: Support group for women in relationships with men diagnosed with Asperger's Syndrome. Meets second Monday of the month from 7-8:30 p.m. Cost: \$25.

Support group for couples with one partner diagnosed with Asperger's Syndrome. Meets fourth Thursday of the month from 7-8:30 p.m. Cost: \$25. 12805 Hwy. 55, Plymouth. Contact: Mary Einarson in advance if interested: 612.961.3111.

Support group for parents. Meets first Monday of the month from 7-8:30. Cost: \$25 per person or \$35 per couple. Autism Family Therapy, Inc., 12805 Hwy, 55 #402, Plymouth, MN 55441. RSVP to Tamara Phillips tamara@autismfamilytherapy.com.

childhood  adolescence  transition  adulthood

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