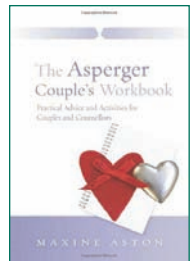




We're In This Together (couples, ages 18+)

A class for couples featuring strategies for supporting and celebrating your neurodiverse relationship.

This class will guide neurodiverse couples through understanding autism, family rules, arguing, non-verbal communication, parenting, and executive function in regards to priorities and time awareness. Learn about diagnosis disclosure. Classes will follow curriculum from *The Asperger's Couples Workbook*. Registration includes one copy of the book.



The class will be led by AuSM therapist, Beth Pitchford, MA. Pitchford values working with adults who want to decode the neurotypical world in order to decrease barriers to community acceptance and to increase a feeling of success. She works with adolescents as they navigate the super-social world of the teenage years. Using cognitive behavioral approaches and her Adlerian training, Pitchford's goal is to help people better understand not only themselves but also the people in their lives.

WINTER – MONDAYS

Feb. 5, 12, 19, 26, 2018 from 6:30-8:30 p.m.

Registration Deadline: Jan. 29, 2018

Cost Per Couple

AuSM Member: \$200; Non-Member: \$250

Location of We're In This Together

AuSM, 2380 Wycliff St. #102, St. Paul, MN 55114

Register online at www.ausm.org.

We're In This Together Registration

Register for We're In This Together online at www.ausm.org. Call 651.647.1083 ext. 22 or e-mail education@ausm.org with registration questions. Scholarships are available. Class has limited capacity. Please visit www.ausm.org for the most up-to-date information and to view AuSM's cancellation policy.