



## Life with Autism Series

AuSM's Life with Autism Series offers information and strategies to parents, caregivers, family members, relatives, educators, and the community through engaging, age-focused classes led by autism experts and parent speakers. Participants also learn about available services and resources.

### Intro to Autism

Develop an understanding of the basics of autism, resource options, and positive behavior supports. Learn how families, schools, and the medical community can work together to educate and support those with autism. Get practical tips on helping individuals with autism meet their potential.

#### One Session Classes Offered in Fall and Winter

Monday, Oct. 23, 2017 from 6-8 p.m. *Register by Oct. 16, 2017*

Saturday, Jan. 13, 2018 from 10 a.m.-12 p.m. *Register by Jan. 8, 2018*

#### Cost Per Individual

AuSM Member: \$25; Non-Member: \$40

### Newly Diagnosed (ages 18 mos.-10 yrs.)

Obtain information on autism, parent feelings, neurological findings, therapies, communication strategies, teaching daily living skills, challenging behavior, sensory needs, visual supports, and using social stories.

#### One Session Classes Offered in Fall and Winter

Saturday, Nov. 4, 2017 from 10 a.m.-3 p.m. (bring own lunch)

*Register by Oct. 30, 2017*

Saturday, Feb. 24, 2018 from 10 a.m.-3 p.m. (bring own lunch)

*Register by Feb. 19, 2018*

#### Cost for One or Two Family Members/Caregivers

AuSM Member: \$50; Non-Member: \$75

### Adolescence and Transition (ages 11-21)

Obtain information on topics including parent emotions, the impact of autism on adolescents, daily living skills, independence public social skills, reciprocal relationships, sexuality, privacy and safety, transitions into adult living and workplace issues, self-determination skills, behavior management, and emotions.

#### One Session Classes Offered in Fall and Winter

Saturday, Oct. 28, 2017 from 10 a.m.-3 p.m. (bring own lunch)

*Register by Oct. 23, 2017*

Saturday, Feb. 10, 2018 from 10 a.m.-3 p.m. (bring own lunch)

*Register by Feb. 5, 2018*

#### Cost for One or Two Family Members/Caregivers

AuSM Member: \$50; Non-Member: \$75

### Adults (ages 18+)

Obtain information on topics such as impact of autism on adults, daily living skills independence, social skills across settings including the workplace, reciprocal relationships, sexuality, privacy and safety, transitions into adult living, workplace issues, self-determination skills, behavior management, and emotions.

#### One Session Classes Offered in Fall and Winter

Saturday, Nov. 11, 2017 from 10 a.m.-3 p.m. (bring own lunch)

*Register by Nov. 6, 2017*

Saturday, March 10, 2018 from 10 a.m.-3 p.m. (bring own lunch)

*Register by March 5, 2018*

#### Cost for One or Two Family Members/Caregivers

AuSM Member: \$50; Non-Member: \$75

### Location of All Life with Autism Series Classes

AuSM, 2380 Wycliff St. #102, St. Paul, MN 55114

## Registration/Life with Autism Series on Request

Register for the Life with Autism series online at [www.ausm.org](http://www.ausm.org). Call 651.647.1083 ext. 22 or e-mail [education@ausm.org](mailto:education@ausm.org) with registration questions. The Life with Autism Series is structured to meet your needs, and AuSM can bring the classes to your community, to school districts, or to places of employment. If you are interested in having a Life with Autism Series presented at your venue of choice, please contact AuSM at 651.647.1083 ext. 22 or e-mail [education@ausm.org](mailto:education@ausm.org).