



## Life with Autism Series

AuSM's Life with Autism Series offers information and strategies to parents, caregivers, family members, relatives, educators, and the community through engaging, age-focused classes led by autism experts and parent speakers. Participants also learn about available services and resources. Register online at [www.ausm.org](http://www.ausm.org).

### Intro to Autism

Develop an understanding of the basics of autism spectrum disorder (ASD), resource options, and positive behavior supports. Learn how families, schools, and the medical community can work together to educate and support those with ASD. Get practical tips on helping individuals with ASD meet their potential.

#### One Session Classes Offered in Fall, Winter, and Spring

Tuesday, Oct. 18, 2016 from 6:30-8:30 p.m.

Tuesday, Jan. 24, 2017 from 6:30-8:30 p.m.

Thursday, April 20, 2017 from 6:30-8:30 p.m.

#### Cost Per Individual

AuSM Member: \$25; Non-Member: \$40

### Newly Diagnosed (ages 18 mos.-10 yrs.)

Obtain information on topics including the definition of autism, parent feelings, neurological findings, therapies, communication strategies, teaching daily living skills, challenging behavior, sensory needs, visual supports, and using social stories.

#### One Session Class Offered in Winter

Saturday, Feb. 18, 2017 from 9 a.m.-3 p.m. (bring own lunch)

#### Cost for Two Family Members/Caregivers

AuSM Member: \$50; Non-Member: \$75

### Adolescence and Transition (ages 11-21)

Obtain information on topics including parent emotions, the impact of autism on adolescents, independence in daily living skills, public social skills, reciprocal relationships, sexuality, privacy and safety, transitions into adult living and workplace issues, self-determination skills, behavior management, and emotions.

#### One Session Class Offered in Spring

Saturday, March 18, 2017 from 10 a.m.-3 p.m. (bring own lunch)

#### Cost for Two Family Members/Caregivers

AuSM Member: \$50; Non-Member: \$75

### Adults (ages 18+)

Obtain information on topics such as impact of autism on adults, independence in daily living skills, social skills across settings including the workplace, reciprocal relationships, sexuality, privacy and safety, transitions into adult living, workplace issues, self-determination skills, behavior management, and emotions.

#### One Session Class Offered in Spring

Saturday, May 6, 2017 from 10 a.m.-3 p.m. (bring own lunch)

#### Cost for Two Family Members/Caregivers

AuSM Member: \$50; Non-Member: \$75

### Location of All Life with Autism Series Classes

AuSM, 2380 Wycliff St. #102, St. Paul, MN 55114

## Registration/Life with Autism Series on Request

Register for the Life with Autism series online at [www.ausm.org](http://www.ausm.org). Call 651.647.1083 ext. 22 or e-mail [education@ausm.org](mailto:education@ausm.org) with registration questions. The Life with Autism Series is structured to meet your needs, and AuSM can bring the classes to your community, to school districts, or to places of employment. If you are interested in having a Life with Autism Series presented at your venue of choice, please contact AuSM at 651.647.1083 ext. 22 or e-mail [education@ausm.org](mailto:education@ausm.org).