ATTEND AuSM’S 25TH ANNUAL MINNESOTA AUTISM CONFERENCE

April 22–25, 2020
MARRIOTT MINNEAPOLIS SOUTHWEST

During Autism Acceptance Month, join us for the Minnesota autism community’s event of the year featuring exhibitors, expert-led education sessions, keynote speakers, networking, and the AuSM Bookstore.

www.ausm.org

www.ausm.org
Register for your adventures today!

AuSM classes and camps give youth and adults with autism fun, safe, and exciting experiences while increasing self-esteem, expanding knowledge, and building friendships. AuSM Social Skills classes welcome those without an autism diagnosis or with communication differences who can benefit from extra support in areas including sensory processing, executive functioning, theory of mind, self-regulation, and emotional regulation. If an individual is able to participate safely in an AuSM Social Skills class but requires more support than 1:4 staffing provides, the individual may bring a Direct Support Professional. Call 651.647.1083 ext. 26 or e-mail education@ausm.org for more information.

Spring Classes — PAGES 6-8
- AuSM On the Town (ages 14-26)
- Como Zoo Animals and Ecosystems (ages 10-18)
- ComedySportz Improv Skills (ages 14-26)
- AuSM Monthly Birthday Celebration (ages 18+)
- AuSM Book Club (ages 14+)
- Toneworks Rockin’ Springtime (ages 10-16)
- Lowry Nature Center Pond Exploration (ages 13+)
- Gale Woods Farm (ages 8+)

Summer Classes — PAGES 12-17
- AuSM On the Town (ages 14-26)
- AuSM On the Town Adventure (ages 14-26)
- MN Zoo Ocean Odyssey (ages 8-11)
- MN Zoo Wildlife Agents (ages 12-15)
- MN Zoo Wildlife Heroes (ages 16-19)
- Como Zoo Dine, Dive, Discover (ages 13-18)
- Como Zoo Dine, Drive (ages 8-12)
- Lowry Outdoor Recreational (ages 13+)
- Lowry Outdoor Adventure (ages 13-18)
- Eastman Outdoor Adventure (ages 13-18)
- Toneworks Camp Art for All (ages 10-21)
- ComedySportz Improv Skills (ages 14-26)
- AuSM Artists at Mia (ages 11-18)
- AuSM Monthly Birthday Celebration (ages 18+)
- AuSM Book Club (ages 14+)

Summer Residential and Day Camps — PAGES 22-25
- Wahode Day Camps (two sessions, ages 6-12)
- Hand in Hand (four sessions, ages 9+)
- Discovery (two sessions, ages 10+)
- Headwaters Autism Adventure (one session, ages 13-17)

Counseling and Consulting Services — PAGE 28

Education and Training — PAGES 28-30

AuSM Sensory-Friendly Guide and Events — PAGE 31

Scholarships and Waivers

AuSM understands that cost can be a participation barrier. A limited number of scholarships are available and waivers may be accepted. Visit the AuSM website for more information about scholarships and waivers.

Check with your county case manager to learn if your selected class, camp, or program can be paid for under the Consumer Directed Community Supports (CDCS); Brain Injury (BI); Community Alternative Care (CAC); or Developmental Disability (DD) waivers. By registering for an AuSM class, camp, or program, you agree to pay in full any amount not covered by the Third Party Payer.

AuSM is pleased to partner with Twin Cities Autism Foundation, Inc. to offer additional scholarship opportunities. For more information, visit www.tcautism.com/scholarship-app.
Discover our services for children and young adults with autism spectrum disorder in homes, community settings and our Minnetonka and Minneapolis locations.

- **Autism Day Treatment**  | Ages 2-6
- **Autism Support Services**  | Ages 2-26
- **Occupational Therapy**  | Ages 1-12
- **Speech Therapy**  | Ages 1-12
- **Therapeutic Recreation**  | Ages 11+
- **Floortime Family Project**  | Ages 4-10
- **Social Zone**  | Ages 4-10

stdavidscenter.org

Call **952.548.8700** to get started.
It’s what’s important to our students with Autism Spectrum Disorder and learning differences.

Learn more at miccommunity.org
AuSM On the Town Spring (ages 14-26)

Explore the Twin Cities and have fun while participating in team-building adventures. Participants must have their own transportation to and from each site. Locations are subject to change.

SPRING SESSION – SUNDAYS from 1-3 p.m.
March 1, 8, 15, 22, 29, and April 5, 2020

Drop-Off and Pick-Up for AuSM On the Town
Drop-off and pick-up locations for AuSM On the Town will be at each site.

Cost Per Session
AuSM Member: $275 (includes T-shirt and activity fees)
Non-Member: $300 (includes T-shirt and activity fees)
Registration Deadline: Feb. 23, 2020

Register online at www.ausm.org.

SPRING SESSION ACTIVITIES
March 1: Bowling at Flaherty’s Arden Bowl
1273 W. County Rd. E., Arden Hills, MN 55112

March 8: Five Star Ninja Warrior
2500 Cleveland Ave. N. Suite H, Roseville, MN 55113

March 15: U.S. Bank Stadium Tour
401 Chicago Ave., Minneapolis, MN 55415

March 22: Midtown Global Market
920 E. Lake St., Minneapolis, MN 55407

March 29: Como Park Zoo & Conservatory
1225 Estabrook Dr., St. Paul, MN 55103

April 5: Pizza Party and Board Games
2380 Wycliff St. #102, St. Paul, MN 55114

Animals and Ecosystems (ages 10-18)

From the ocean to the desert, from the tundra to the grasslands, no two places on Earth are the same. All animals have special adaptations that help them survive in their unique ecosystems. Meet Como Zoo’s animal ambassadors and find out what makes each of them amazing.

Saturdays from 10 a.m.-12 p.m.
March 7, 14, 21, 28, and April 4, 11, 2020

Location
Como Park Zoo & Conservatory
1225 Estabrook Dr., St. Paul, MN 55103

Cost Per Participant
AuSM Member: $275
Non-Member: $325
Registration Deadline: Feb. 29, 2020

Register online at www.ausm.org.
ComedySportz Improv Skills (ages 14-26)

Have fun while learning how to respond to the unexpected, engage in reciprocal interactions, and support fellow participants in creating something out of nothing. Each skill can be applied to everyday life as you learn to open yourself to creativity and new ideas, while having fun and making friends. No prior improv experience is necessary. Advanced class participants must be pre-approved by the instructor.

SPRING SESSION – SATURDAYS
April 4, 11, 18, 25, and May 2, 9, 2020

Spring Advanced Class meets from 12:15-1:45 p.m.
Spring Beginner Class meets from 2:15-3:45 p.m.

Location
Center for Performing Arts
3754 Pleasant Ave., Minneapolis, MN 55409

Cost Per Participant
AuSM Member: $275
Non-Member: $345

Registration Deadline: March 28, 2020

Register online at www.ausm.org.

Monthly Birthday Celebration and Game Night (ages 18+)

Bring a board or card game to play, an art project to share, or simply come for fun, stress-free conversation. AuSM will provide treats. Everyone is welcome, whether it’s your birthday or not!

Feb. 19, 2020
March 18, 2020
April 15, 2020
May 20, 2020
June 17, 2020
July 15, 2020
Aug. 19, 2020
Sept. 16, 2020
Oct. 21, 2020

Location
Autism Society of Minnesota
2380 Wycliff St. #102, St. Paul, MN 55114

Register online at www.ausm.org.

AuSM Book Club (ages 14+)

AuSM is pleased to partner with Dakota County Library to offer a monthly book club for individuals with autism, other disabilities, and neurotypical individuals ages 14+. Share the joy of reading with others, enjoy socializing, and practice life skills in a public library. All reading levels are welcome and supported; multiple book formats are available.

This book club is offered FREE of charge and made possible by the Minnesota Department of Human Services Disability Services Innovation Grant.

Feb. 6, 2020
March 5, 2020
April 2, 2020
May 7, 2020
June 4, 2020

Location
Wescott Library in the Dakota Room
1340 Wescott Rd., Eagan, MN 55123-1029

Register online at www.ausm.org.
Toneworks Rockin’ Springtime (ages 10-16)

Join us for music and art making in collaboration with peers. Work together to create original musical compositions, which will provide opportunities for self-expression and positive peer interaction. Participants also will have the opportunity to create original pieces of art to go along with their musical creations. Each week of class will include making music and working on projects with a smaller group of peers. Participants will have an active role in creating concepts and themes that are of interest to them while learning about the interests and skills of others. No musical knowledge or experience is required.

Saturdays from 1-3 p.m.
May 2, 9, and 16, 2020

Location
Toneworks Music Therapy
1710 Douglas Dr. #103, Golden Valley, MN 55427

Cost Per Participant
AuSM Member: $150
Non-Member: $175

Registration deadline: April 25, 2020

Register online at www.ausm.org.

Pond Exploration (ages 13+)

Visit different ponds and compare the creatures that live within them. Use nets and other tools to examine aquatic invertebrates closely. Equipment will be provided.

May 3, 2020 from 12:30-2:30 p.m.

Location
Lowry Nature Center, Three Rivers Park District
7025 Victoria Dr., Victoria, MN 55386

Cost Per Participant
AuSM Member/Non-Member: $20

Register for Class #2LNC1855
Registration Deadline: April 26, 2020

Register online at www.ausm.org.

Let’s Get Growing: Gale Woods Farm (ages 8+)

Discover what is growing on the farm by planting in the greenhouse or gardens and visiting baby farm animals.

April 18, 2020 from 1-3:30 p.m.

Location
Gale Woods Farm, Three Rivers Park District
7210 Country Rd. 110 W., Minnetrista, MN 55364

Cost Per Participant
AuSM Member/Non-Member: $50

Registration Deadline: April 12, 2020

Register online at www.ausm.org.
Helping You Meet Their Needs

AUTISM ADVOCACY & LAW CENTER LLC
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SERVING MN SINCE 2009.
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- Medical Assistance
- Social Security

“I recommend Autism Advocacy & Law Center to anyone seeking legal assistance in the disability community. They helped my family understand the guardianship process and thoughtfully participated with us as we worked through obtaining co-guardianship for my brother. They are intelligent, caring, and compassionate. We will be returning for estate planning.”

www.autismlawcenter.com
Helping Families for Over 25 Years.

Accra provides support to families that need help in their homes for a loved one with a disability. We’ll help you navigate the different services available to you. PCA Choice is one of our services that allows you to choose a family member or friend to be your paid caregiver.
summer camp

We offer a wide range of academic and recreational programs for students entering grades K-12 with Autism Spectrum Disorder and individual learning needs.

Our flexible scheduling allows campers to choose a variety of programs, each ranging from 1 week to 3 weeks in length over the course of our 9-week summer.

Visit our website at www.aowl.org/bridgethegap for a complete list of offerings.

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AuSM On the Town (ages 14-26)

Build social and independent living skills while riding the train. Each week, meet at the Minnesota Council of Nonprofits and take the Green Line or walk to a different location for a new activity. Destinations may require additional mobility (walking 10 minutes or less). Locations are subject to change.

Class Meets on Wednesdays from 1-4 p.m.
  June 17, 24, and July 8, 15, 22, 29, 2020 (no class July 1)

Drop Off and Pick Up Location
  Minnesota Council of Nonprofits
  2314 University Ave. W., St. Paul, MN 55114

Cost Per Participant
  AuSM Member: $285 (includes T-shirt and activity fees)
  Non-Member: $310 (includes T-shirt and activity fees)
  Registration Deadline: June 10, 2020

Register online at www.ausm.org.

SUMMER SESSION ACTIVITIES

June 17: Guthrie Theater Tour
  818 S 2nd St., Minneapolis, MN 55415

June 24: Explore Minnehaha Falls
  4801 S. Minnehaha Dr., Minneapolis, MN 55417

July 8: Science Museum of Minnesota
  120 W. Kellogg Blvd., St. Paul, MN 55102

July 15: St. Paul Saints Game
  360 N. Broadway St., St. Paul, MN 55101

July 22: Minnesota State Capitol Tour
  75 Rev. Dr. Martin Luther King Blvd., St. Paul, MN 55155

July 29: Barbecue Grill Out at Hampden Park
  2380 Wycliff St. #102, St. Paul, MN 55114

AuSM On the Town Adventure (ages 14-26)

Get ready for adventure! Each week enjoy a different physical activity in a supportive, fun environment.

Note: This class will require staying with the group, ability to navigate street crossings, and listening to instructors at all times. Some activities will require special equipment (provided by the location unless otherwise indicated) and/or signed liability waivers. Participants must have their own transportation to and from each site. Locations are subject to change.

Class Meets Thursdays from 1-3 p.m.
  July 9, 16, 23, 30, and Aug. 6, 2020

Cost Per Participant
  AuSM Member: $285 (includes T-shirt and activity fees)
  Non-Member: $310 (includes T-shirt and activity fees)
  Registration Deadline: July 2, 2020

Register online at www.ausm.org.

July 9: Minnesota Valley National Wildlife Refuge (hiking)
  3815 American Blvd. E., Bloomington, MN 55425

July 16: Wayzata Yacht Club (adaptive sailing)
  1100 Eastman Ln., Wayzata, MN 55391

July 23: Ford Parkway Disc Golf Course (frisbee golf)
  4825 Minnehaha Ave., Minneapolis, MN 55417

July 30: Minneapolis Bouldering Project (rock climbing)
  1433 W. River Rd. N., Minneapolis, MN 55411

Aug. 6: Lake Nokomis (biking)
  5022 W. Nokomis Pkwy., Minneapolis, Minnesota 55417
Minnesota Zoo Summer Camps (ages 8-19)

Ocean Odyssey (ages 8-11)
Dive into an underwater world teeming with sea turtles, sharks, sea dragons, and monk seals! Each day, explore a different ocean habitat including coral reefs, tide pools, and estuaries.

Five Consecutive Days from 8:30-11:30 a.m.
June 15-19, 2020
Registration Deadline: June 8, 2020

Wildlife Agents (ages 12-15)
A crime has been committed! The victim ... wildlife! Can you identify the perpetrator? Learn about the problems facing wildlife while learning the skills and tools scientists use to track down suspects. Put on your detective hat and join us.

Five Consecutive Days from 1:30-4:30 p.m.
July 13-17, 2020
Registration Deadline: July 6, 2020

Wildlife Heroes (ages 16-19)
Are you a wildlife hero? Heroes like engineers, scientists, and even students work to create solutions to everyday problems that help save wildlife. Test your skills with design challenges while learning about real-world conservation issues—around the world and right in your own backyard.

Five Consecutive Days from 8:30-11:30 a.m.
Aug. 3-7, 2020
Registration Deadline: July 27, 2020

Location
Minnesota Zoo
13000 Zoo Blvd., Apple Valley, MN 55124

Cost Per Participant
$325 (no member discounts apply)

Register online at www.ausm.org.
The Minnesota Zoo also offers scholarships for participants. To learn more, visit their website, www.mnzoo.org/scholarships.

Thank you, AuSM Premier Partners
Join these companies in making a difference in the lives of individuals affected by autism in Minnesota.

If your company or organization is interested in becoming an AuSM Premier Partner, please contact Kelly Thomalla at 651.647.1083 ext. 25 or e-mail kthomalla@ausm.org.
Dip, Dive, Discover (ages 8-18)

Let’s dive in and discover the mysteries of the underwater world. During this exciting camp, we will be introduced to many of Como’s animals and plants that survive and thrive in aquatic ecosystems. Through activities, games, up-close animal encounters, and more, we will travel from the frozen Arctic to the Amazon River, and (almost) everything in between!

Five Consecutive Days from 9 a.m.-12 p.m.
SESSION 1 (ages 13-18): July 13-17, 2020
Registration Deadline: July 6, 2020
SESSION 2 (ages 8-12): July 27-31, 2020
Registration Deadline: July 20, 2020

Location of Classes
Como Park Zoo & Conservatory
1225 Estabrook Dr., St. Paul, MN 55103

Cost Per Participant, Per Class
AuSM Member: $325
Non-Member: $350

Register online at www.ausm.org.

Outdoor Recreation at Lowry (ages 13-18)

Explore Carver Park Reserve by biking the trails, fishing and paddling in Lake Auburn, and practicing archery. Make friends and practice communicating your needs during safe and fun adventures away from the comforts of home. Participants must bring their own bike and helmet; all other equipment provided.

Outdoor Recreation Lowry Nature Center
Four Consecutive Days from 9 a.m.-12 p.m.
June 16-19, 2020
Register for Class #5LNC6015
Registration Deadline: June 9, 2020

Location
Lowry Nature Center
7025 Victoria Dr., Victoria, MN 55386

Cost Per Participant
$115

Register online at www.ausm.org.

Outdoor Adventure at Lowry and Eastman (ages 13-18)

Explore the forest, pond, and prairie. Build a survival shelter with other campers. Start a campfire using different techniques and make a s’more. Meet captive animals and search for wild critters. Make friends and practice communicating your needs during safe, fun, off-trail adventures.

Outdoor Adventure Lowry Nature Center
Four Consecutive Days from 9 a.m.-12 p.m.
July 14-17, 2020
Register for Class #5LNC5215
Registration Deadline: July 7, 2020

Location
Lowry Nature Center
7025 Victoria Dr., Victoria, MN 55386

Outdoor Adventure Eastman Nature Center
Four Consecutive Days from 9 a.m.-12 p.m.
July 21-24, 2020
Register for Class #5ENC5205
Registration Deadline: July 14, 2020

Location
Eastman Nature Center, Elm Creek Park Reserve
13351 Elm Creek Rd., Osseo, MN 55369

Cost Per Participant, Per Class
$115

Register online at www.ausm.org.
Toneworks Camp Art for All (ages 10-21)

Participants will work together to create an original theatre production from beginning to end and experience every aspect of a collaborative art project. Rotations include creating costumes, designing scenes, building props, writing original music, and writing the dialogue. Each rotation is led by a teaching artist with more than five years of experience working with youth of all ages and ability levels. The final performance will be open to the public on June 26 at 2:30 p.m.

Participants must bring their own lunches. Snacks will be provided; however, if you have special dietary needs, please provide your own snacks.

**Five Consecutive Days from 9 a.m.-3 p.m.**
June 22-26, 2020

**Location**
Toneworks Music Therapy
1710 Douglas Dr. #103, Golden Valley, MN 55427

**Cost Per Participant**
$325

Registration deadline: June 15, 2020

Register online at www.ausm.org.

ComedySportz Improv Skills (ages 14-26)

Have fun while learning how to respond to the unexpected, engage in reciprocal interactions, and support fellow participants in creating something out of nothing. Each skill can be applied to everyday life as you learn to open yourself to creativity and new ideas, while having fun and making friends. No prior improv experience is necessary. Advanced class participants must be pre-approved by the instructor.

**SUMMER SESSION**
July 6-10, 2020

**Beginner Class Meets Five Consecutive Days from 2-4 p.m.**

**Advanced Class Meets Five Consecutive Days from 4:30-6:30 p.m.**

**Location**
HUGE Improv Theater
3037 Lyndale Ave. S., Minneapolis, MN 55408

**Cost Per Participant**
AuSM Member: $310
Non-Member: $335

Registration Deadline: June 30, 2020

Class dates and times are subject to change. Visit AuSM’s website for the most up-to-date information.

Register online at www.ausm.org.
AuSM Artists (ages 11-18)

Be inspired by the art in galleries and make your own masterpieces in the studio while practicing social skills and making friends. Learn about different media, from air-dry clay to acrylic paints. This class will be co-taught by Mia art instructors and an AuSM education specialist.

**Five Consecutive Days from 9:30 a.m.-12 p.m.**
Aug. 3-7, 2020

**Location**
Minneapolis Institute of Art
2400 Third Ave. S., Minneapolis, MN 55404

**Cost Per Participant**
- AuSM Member: $230
- Non-Member: $260

**Registration Deadline: July 27, 2020**

Register online at www.ausm.org.

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**Sensory Friendly PERFORMANCES**

Our show-specific guides, Social Narratives, and technical modifications for these performances empower individuals with sensory sensitivities to experience engaging theatre at CTC!

**LEARN MORE AT**
childrenstheatre.org/sensory or call 612.874.0400.

Made possible by children’s theatre company

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**Northern Minnesota Adventures Coming Soon!**

The Autism Society of Minnesota is working with the Lake Superior Zoo and the Great Lakes Aquarium to create some exciting social skills classes for youth with autism in the Duluth area this summer. More information will be available soon!

www.ausm.org
Monthly Birthday Celebration and Game Night (ages 18+)

Birthdays are something we all have in common – let’s celebrate together! Bring a board or card game to play, an art project to share, or simply come for fun, stress-free conversation. AuSM will provide treats. Everyone is welcome, whether it’s your birthday or not!

Cost Per Participant, Per Session
AuSM Member/Non-Member: $3
FREE if it’s your birthday month!

Registration Deadline: One week prior to scheduled dates.

Held Monthly from 6:30-8:30 p.m.
March 18, 2020  June 17, 2020  Sept. 16, 2020
April 15, 2020  July 15, 2020  Oct. 21, 2020

Location
Autism Society of Minnesota
2380 Wycliff St. #102, St. Paul, MN 55114

Register online at www.ausm.org.

AuSM Book Club (ages 14+)

AuSM is pleased to partner with Dakota County Library to offer a monthly book club for individuals with autism, other disabilities, and neurotypical individuals ages 14+. Share the joy of reading with others, enjoy socializing, and practice life skills in a public library. All reading levels are welcome and supported; multiple book formats are available.

This book club is offered FREE of charge and made possible by the Minnesota Department of Human Services Disability Services Innovation Grant.

Held Monthly from 6-7 p.m.
Feb. 6, 2020   May 7, 2020
March 5, 2020  June 4, 2020
April 2, 2020

Location
Wescott Library in the Dakota Room
1340 Wescott Rd., Eagan, MN 55123-1029

Register online at www.ausm.org.
Ask about our Personal Care Assistant Program. We accept Medical Assistance and major insurance plans.

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Start your Best journey now! 763-710-2031

Hablamos Español 763-710-2071
Classes are designed to give kids and adults of all abilities a safe, fun, and encouraging environment to learn about their bodies and how to move them. Independent and parent participant classes are available for ALL ages.

www.mini-hops.com
952-933-2452
Northern Starz’s 3rd Annual PENGUIN PROJECT!

The Penguin Project is a theater program for artists (age 10-22) who have special needs. This program uses peer mentors to help the artists through the entire production! This informational meeting is for families of both artists and mentors, who are interested in participating in the program.

Information Meeting
- Ramsey Chapter: Thursday January 30th, 6:00pm, Northern Starz Theatre, 5300 Alpine Drive, Ramsey, MN
- Ogilvie Chapter: February and May 2020, Ogilvie Chapter Information Meeting, 333 School Street, Ogilvie, MN

Registarion Opens February 1st, 2020

WHO WANT S TO BE A STAR ON STAGE?
GO TO A ONE-WEEK THEATRE CAMP?
MAKE NEW FRIENDS?
HAVE FUN LEARNING ACTING, IMPROV, VOICE, DANCE, STAGE MAKE UP?
DO YOU LIKE ART AND DRAWING? WATERCOLOR?
HOW ABOUT ARCHERY, TUBING, VOLLEYBALL AND CAMPFIRES?

THEN "CAMP UNDER THE STARZ" THEATRE CAMP IS FOR YOU!

WHO: Student & Adult Campers with special needs, ages 10–100!
Non disabled campers ages 10-18

WHEN: August 8-15, 2020
WHERE: Camp Courage North Lake George MN.

COST: $1,200 for campers with disabilities,
$1,350 for non disabled campers
1/2 due upon registration, balance due July 1st, 2020
Fundraising is available, waivers accepted

Northern Starz Theatre
www.northernstarz.org
612-326-6158   Email: Rachel@northernstarz.org
Meet in the Music
Summer Day Camp

HALF DAY, BIG IMPACT
Camp activities include music therapist-led yoga and POUND™ (movement-based drumming).

BUILDING SOCIAL SKILLS THROUGH ACTIVE MUSIC-MAKING
Music motivates campers to interact with each other and create space to be themselves.

July 13 – 19 and July 20 – 24
9:30 a.m. – 12:30 p.m.

TWINCITIESMUSICTHERAPY.COM/CAMP

SAVE NOW!
Early Bird Registration Ends 2/1/2020
Deadline to Register is 4/15/2020

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Twin Cities
Music Therapy Services

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True Friends offers life-changing experiences to individuals ages 5+ through day camp, over-night residential camp, and off-site adventure trips including:

• Day Camp in Eden Prairie, MN
• Camp C.A.M.P in Annandale, MN
• Youth and Adult Arts and Fishing Camps in Lake George, MN
• Adventure Trips across Minnesota and Wisconsin

*True Friends offers financial assistance and accepts a variety of waivered funds.

Contact us today at registration@truefriends.org or by calling 952.852.0101.
AuSM Summer Camps (ages 6+)

Make 2020 a summer to remember!

AuSM camps are tailored for youth and adults with autism. Parents and caregivers can rest assured knowing that their campers are being cared for by highly trained, experienced staff, while campers make memories that last a lifetime. AuSM camps are available for individuals ages 6 and up who are AuSM members. Camp offerings include a day camp where campers arrive each morning and leave each afternoon, and two residential camps where campers stay several days and nights. Camp activities are subject to change. Due to the high demand for residential camps, campers may attend only one week of residential camp. Campers may attend one or both sessions of Wahode Day Camp.

To be eligible for camp registration, you must be a current member of AuSM. AuSM reserves the right to assign campers to the camp that best matches the camper’s needs. If the appropriate camp is full, the camper will be placed on the wait list for an opening. If no opening is available, the deposit will be refunded. If you have questions about which camp best suits your camper, please contact AuSM at 651.647.1083 ext. 16 or e-mail camp@ausm.org.

AuSM Summer Camps Registration Tips

Registration for 2020 AuSM Summer Camps opens Jan. 27, 2020 at 8 a.m. Camp session registrations are limited, and camps are expected to fill. We encourage you to register early.

Convenience fees will be charged per payment by credit card. To avoid the credit card convenience fee, you can pay by check. Checks can be mailed or brought in to AuSM’s office at 2380 Wycliff St. #102, St. Paul, MN 55114.

Waivers
Check with your county case manager to learn if your selected camp can be paid for under the Consumer Directed Community Supports (CDCS); Brain Injury (BI); Community Alternative Care (CAC); or Developmental Disability (DD) waivers. By registering for an AuSM class, camp, or program, you agree to pay in full any amount not covered by the Third Party Payer.

Scholarships
AuSM is pleased to partner with Twin Cities Autism Foundation, Inc. to offer additional scholarship opportunities to the Minnesota autism community. For more information and to apply, visit www.tcautism.com/scholarship-app. AuSM also has scholarships available. You must receive confirmation of camp placement before submitting an AuSM scholarship application form. Visit AuSM’s website to complete the AuSM Scholarship Application Form. AuSM Scholarship Applications for AuSM Summer Camps are due March 27, 2020.
**Wahode Day Camps (1:2 support)**

**Session 1**  
July 6-10, 2020; 9:15 a.m.-3 p.m. (males and females, ages 6-12)  
4 days at Camp Butwin in Eagan, 1 day at the Minnesota Zoo

**Session 2**  
July 20-24, 2020; 9:15 a.m.-3 p.m. (males and females, ages 6-12)  
4 days at Camp Butwin in Eagan, 1 day at the Minnesota Zoo

Campers may attend one or both sessions of Wahode Day Camp. 
*Wahode* is Dakota for “explore.” Each session runs Monday through Friday and offers many ways to discover, grow, and have fun. Campers will experience activities including swimming in an outdoor pool, horseback riding, use of a ropes course and climbing tower, group games, hiking, sensory crafts, and gross motor activities led by a registered occupational therapist, music groups led by a board-certified music therapist, boating, and sports.

Program staff and camp directors have many years of experience working with individuals with autism, and counselors receive intensive training prior to camp. Campers must provide their own lunch and transportation. Campers will have four fun-filled days at Camp Butwin and will spend one day exploring the Minnesota Zoo (Thursday of the camp week). Alternative programming at Camp Butwin will NOT be available for the day at the zoo. Transportation will be provided to and from the zoo; campers should be dropped off and picked up at Camp Butwin all five days. This camp is ideal as a first step toward, or in addition to, attending one of AuSM’s residential camps.

**Wahode Day Camp Location**  
Camp Butwin, 945 Butwin Rd., Eagan, MN 55123

**Cost Per Session**  
$815

**Staff-to-Camper Ratio:** 1:2

**Medical Physical Required:** No

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**Hand in Hand (1:1 support)**

**Session 1**  
June 28-July 3, 2020 (males, ages 19-23; females, ages 19-26)

**Session 2**  
Aug. 2-7, 2020 (males ONLY, ages 15-19)

**Session 3**  
Aug. 9-14, 2020 (males, ages 24+; females, ages 27+)

**Session 4**  
Aug. 16-21, 2020 (males, ages 9-15; females, ages 9-18)

All four sessions of Camp Hand in Hand are held at Camp Knutson, north of Brainerd in Crosslake, Minn., on a peninsula between Trout Lake and Lower Whitefish Lake. This serene camp location features beautiful woodland settings with modern air-conditioned cabins and bathrooms. All of Camp Knutson’s facilities have been either newly renovated or recently built, including the addition of a large recreation center. Nutritious meals are served in a group dining room.

Activities include swimming, boating, geocaching, tubing, horseback riding, fishing, crafts, archery, nature exploration, biking, and music groups led by a board-certified music therapist. Activities focus on social interaction and communication. The camp also offers a small ropes course, paddleboats, and canoes for additional fun. Evenings include bonfires and other fun activities. Each week of camp has 35-40 campers, divided into six groups determined by age, gender, and interests.

AuSM-trained camp counselors and experienced program staff carefully plan and maintain a well-run, relaxed, and rewarding camp experience.

**Camp Hand in Hand Location**  
Camp Knutson, 11148 Manhattan Pt. Blvd., Crosslake, MN 56442

**Cost Per Session**  
$1,425

**Staff-to-Camper Ratio:** 1:1—attending to individual camper needs

**Medical Physical Required:** Yes

Register online at www.ausm.org.

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Visit AuSM’s website or call 651.647.1083 ext. 16 for scholarship information.
Camp Discovery (1:4 support)

Session 1
June 14-19, 2020 (males and females, ages 17+)

Session 2
June 21-26, 2020 (males and females, ages 10-16)

Camp Discovery is ideal for individuals with Autism Spectrum Disorder who will enjoy a summer camp experience with a high degree of structure and small group activities. Campers should be able to positively interact and safely participate within small groups, as this camp provides 1:4 support and does not offer 1:1 support.

Camp Discovery is held at True Friends/Courage North, a beautiful 100-acre facility on Lake George near Bemidji, Minn. Campers will stay in cabin groups of eight, according to age, gender, and interests. Cabins have restrooms and electricity. Campers will enjoy their meals in a dining hall or on an outdoor deck.

Camp activities include swimming, kayaking, canoeing, hiking in Itasca State Park, arts and crafts, nature experiences, recreational games, live action role-playing games, and more. Camp Discovery also includes special evening activities. Campers participate in small group discussions and activities that focus on special interests and making a connection with others. Adults with ASD work as mentors, providing empathetic, positive role modeling throughout the week.

Camp Discovery Location
True Friends/Courage North, 37569 N. Courage Dr., Lake George, MN 56458

Cost Per Session
$1,400

Staff-to-Camper Ratio: 1:4

Medical Physical Required: Yes

Register online at www.ausm.org.

Northwoods Autism Adventure (1:3 support)

Aug. 2-9, 2020 (males and females, ages 14-17)

In collaboration with the Autism Society of Minnesota (AuSM), this week-long trip is tailored to the needs of teenagers with Autism Spectrum Disorder. Individuals will have the opportunity to delve into many wilderness adventure challenges such as hiking, biking, white water rafting, rock climbing, and more. Applications will be shared with AuSM and those new to the community will receive a complimentary year-long AuSM membership.

Northwoods Autism Adventure Location
True Friends/Courage North, Lake George, Minn.

Cost Per Session
$1,775

Register online at www.truefriends.org/camp.

Call True Friends for more information at 952.852.0101.

Visit AuSM’s website or call 651.647.1083 ext. 16 for scholarship information.
AuSM Summer Camp Registration Deadlines and Policies

- Camp session registrations are limited, and camps will fill.
- Must be a current AuSM member at the time of registration. Membership dues must be paid in full through the selected camp dates.
- Registration will be open until camps are full. Registrations received after camps are full will be added to a wait list.
- You must receive confirmation of camp placement before submitting an AuSM scholarship application form.
- A deposit of $200 for residential camps must accompany your registration.
- A deposit of $100 for day camps must accompany your registration.
- Convenience fees will be charged per payment by credit card.
- AuSM will send e-mail confirmations of camp assignments by March 2, 2020. If you do not hear from AuSM by March 2, 2020, contact us at camp@ausm.org to ensure that your registration materials were received.
- AuSM is not responsible for lost or delayed mail, e-mail, or faxes.
- Packets for campers assigned to AuSM Camps are due March 30, 2020.
- Camper medical physical forms are due (for residential camps only) April 13, 2020.
- Day camp health/medication forms are due April 13, 2020.
- All residential camps must have their prescription medication prepackaged by a pharmacy or medication packaging service. Packaging at home is NOT an option. Certain exceptions exist (e.g. liquid, as needed/PRN, etc.). More details will be included after registration is complete. Please contact the Director of Camp Programs at 651.647.1083 ext. 16 with questions or concerns.
- Payment in full for all camps is due April 13, 2020.
- All deadlines must be met to participate in AuSM Camps.
- AuSM reserves the right to assign campers to a camp that best matches the camper’s needs. If the appropriate camp is full, the camper will be placed on the wait list for an opening. If no opening is available, the deposit will be refunded. If you have questions about which camp best suits your camper, please contact AuSM at 651.647.1083 ext. 16.
- AuSM reserves the right to limit the number of sessions in which campers can participate in order to maximize the number of participants in AuSM summer camp programs.
- For the most up-to-date camp information and to register for camp, visit www.ausm.org.
- Camp directors will approve Camp Discovery camper packets before registration in Camp Discovery is considered complete.

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Preferable for 6th-10th graders

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Preparing teens for a socially successful transition to college life

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*Scholarships available and county waiver or state voucher program funds accepted*
The Autism Society of Minnesota’s highly trained therapists have committed their careers to helping individuals with autism understand their diagnosis. They provide strategies to support each person’s unique autism experience, addressing both the challenges and gifts it can bring. AuSM therapists help individuals with autism from youth through adulthood as they grow at their own pace in a safe, compassionate, and respectful environment.

Counseling Services
- Diagnostic assessments for adults
- Functional or behavioral assessments for all ages
- Training for organizations and service providers
- Behavior consultation
- Marriage and couples therapy
- Individual and family therapy

AuSM Counseling and Consulting Services and Support Groups

Consulting Services
AuSM’s Counseling and Consulting Services team is available to consult with therapists, group home staff, community organizations, employers, day training and habilitation groups, and other professionals who work with individuals with autism to help with general training or to offer issue-specific strategies.

Support Groups
AuSM offers free monthly support groups to meet the needs of the community including: Caregivers of Kids with ASD, Adult Family Member with ASD, Independent Adults with ASD Social Support Group, LGBTQIA Adults with ASD, and Women with ASD.

Visit www.ausm.org for more information.

AuSM Autism Direct Support Certification

AuSM’s Autism Direct Support Certification program is designed for professionals and caregivers who work with or support individuals with autism and want to provide better service and care. Individuals on the spectrum also are welcome and encouraged to attend for increased self-understanding and to share their unique perspectives.

Certification training objectives: identify how people with autism think; understand how differences in thinking lead to differences in behavior; understand how different tools/interventions address the strengths and challenges of ASD; and identify tools to support clients and loved ones in different situations.

Spring 2020 Session
Mondays from 6-9 p.m.
March 2, 9, 16, 23, 30, 2020

Summer 2020 Session
Monday-Friday from 9 a.m.-12 p.m.
June 8-12, 2020

Fall 2020 Session
Fridays from 9 a.m.-12 p.m.
Sept. 11, 18, 25, and Oct. 2, 9, 2020

Sessions are limited to 15 participants. Licensed professionals may submit documentation from the AuSM Autism Direct Support Certification program to licensing boards for Continuing Education Unit (CEU) consideration.

Location
Autism Society of Minnesota
2380 Wycliff St. #102, St. Paul, MN 55114

Cost Per Participant
$260

A group discount is available for three or more participants from the same organization. Contact AuSM to register a group of three or more participants for the same session.

Register online at www.ausm.org.

This certification program also is available for groups of 15 or more at your specified location. Contact AuSM at 651.647.1083 ext. 26 or e-mail education@ausm.org for more information.
AuSM Life with Autism Series
This series provides resources and strategies to individuals with autism, parents, caregivers, family members, educators, and the community through engaging, age-focused classes led by autism experts. The Life with Autism series is structured to meet your needs, and AuSM can bring the classes to your community, to school districts, or to places of employment. If you are interested in having a Life with Autism Series presented at your venue of choice, please contact AuSM at 651.647.1083 ext. 26 or e-mail education@ausm.org.

Childhood (18 mos.-10 yrs.)
Obtain information about autism in early childhood and elementary-age years, including support strategies for communication and daily living skills, how to address challenging behaviors, and more.
Saturday, March 21, 2020 from 10 a.m.-3 p.m.

Adolescence and Transition (11-21 yrs.)
Learn about the unique needs faced by adolescents and young adults with autism and their caregivers. Topics will cover a range of issues, and will include strategies for preparing for and supporting the transition into adulthood. This session is sponsored by Autism Advocacy & Law Center, LLC.
Saturday, Feb. 8, 2020 from 10 a.m.-3 p.m.

Adults (18+ years)
Obtain information about independent living; advocating for and accessing supports and accommodations; employment and workplace issues; self-determination and strategies for inclusion; and more. This session is sponsored by Autism Advocacy & Law Center, LLC.
Saturday, May 9, 2020 from 10 a.m.-3 p.m.

Cost Per Session/For 1 or 2 Participants (bring own lunch)
$50 AuSM Member
$75 Non-Member

Location of Life with Autism Series Classes
Autism Society of Minnesota
2380 Wycliff St. #102, St. Paul, MN 55114

Register online at www.ausm.org.

Understanding Autism and Best Strategic Practices
Learn common characteristics of individuals with autism and obtain valuable insight on best practices to support people with autism and related disabilities.

Best Care
Your Care. Your Way.

Due to a generous sponsorship from Best Care, www.bestcaremn.com, the January-August sessions of this class are being offered for FREE.

Class Dates and Times
Jan. 20, 2020 from 2-4 p.m.
March 14, 2020 from 10 a.m.-12 p.m.
May 4, 2020 from 6-8 p.m.
June 23, 2020 from 2-4 p.m.
Aug. 17, 2020 from 10 a.m.-12 p.m.

Cost
FREE; registration is required.

Location
Autism Society of Minnesota
2380 Wycliff St. #102, St. Paul, MN 55114

Register online at www.ausm.org.

AuSM Autism Training and Consulting

With a prevalence rate of 1 in 42 in Minnesota, Autism Spectrum Disorder is the fastest growing disability in our state. As a business owner, organization member, educator, or direct support professional, you encounter individuals with autism every day. By learning more about the diversity of the autism spectrum, you’re taking proactive steps toward support, acceptance, and inclusion.

For more information about AuSM’s custom-tailored autism training and consulting, contact AuSM’s Education Department at education@ausm.org or call 651.647.1083 ext. 26.
AuSM Skillshops

AuSM Skillshops are mini-workshops designed for individuals with autism and their parents, caregivers, family members, and support staff. AuSM Skillshops also are a valuable professional development resource for educators and therapists who work with individuals affected by autism. Listings in orange indicate those AuSM Skillshop topics tailored for adults on the spectrum, but all are welcome to participate. Visit www.ausm.org for more information and to register.

Cost Per Participant
AuSM Member: $25
Non-Member: $40
AuSM Member with ASD: $10
Current Student: $10

Suicidality and ASD
Jan. 28, 2020 from 7-9 p.m.
Location: Lionsgate Academy, Shoreview

Preventing & Recovering from Burnout: Real World Self-Care
Feb. 18, 2020 from 7-9 p.m.
Location: Autism Society of Minnesota, St. Paul
INTERNET LIVE-STREAM AVAILABLE

Supplemental Needs Trust Planning
March 10, 2020 from 7-9 p.m.
Location: Minnesota Independence College & Community, Richfield

Understanding Special Education
March 31, 2020 from 7-9 p.m.
Location: Autism Society of Minnesota, St. Paul
INTERNET LIVE-STREAM AVAILABLE

Saturday, May 2, 2020, time to be announced
Location: St. David’s Center, Minnetonka

How to Find the Right Therapist for You
May 19, 2020 from 7-9 p.m.
Location: Autism Society of Minnesota, St. Paul
INTERNET LIVE-STREAM AVAILABLE

Helping Your Child with ASD Learn to Ride a Bike
June 9, 2020 from 7-9 p.m.
Location: Autism Society of Minnesota, St. Paul

Register to attend in person or via live-stream at www.ausm.org.

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A fun to play video game that builds long-lasting brain and body connections which can help kids break through learning barriers.

Learn more at kinuu.com

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AuSM’s Guide to Sensory-Friendly Minnesota

AuSM’s Guide to Sensory-Friendly Minnesota is a reference tool and planning guide for families and individuals with autism and other sensory sensitivities. Learn why sensory-friendly events and activities are important, discover how to make accommodations in your own spaces, read about statewide sensory-friendly initiatives, and check out the calendar of events and activities to unite our community. This guide is available in printed form from AuSM and online at www.ausm.org.

AuSM 2020 Events and Fundraisers

**March 1, 2020**  
20th Annual Steps for Autism in Minnesota  
Steps for Autism will feature the state’s largest annual autism resource fair, fun games, the 4th annual AuSM Flash Dash powered by Accra, and a huge opportunity to join this awesome community in raising dollars to support local programs and services. Southdale Center, Edina.

**April 22–25, 2020**  
25th Annual Minnesota Autism Conference  
The Minnesota autism conference benefits teachers, educators, doctors, clinicians, therapists, psychologists, as well as parents, caregivers, and individuals on the autism spectrum. Marriott Minneapolis Southwest, Minnetonka.

**April 24, 2020**  
In Our Element Gala  
AuSM’s 6th annual gala celebration to raise money for and celebrate our local autism community. Marriott Minneapolis Southwest, Minnetonka.

**July 11, 2020**  
AuSM Connections Jigsaw Puzzle Competition  
Put your jigsaw puzzling passion to the test! Gather your friends and family into teams of up to four that will compete for the fastest puzzle completion time. NEW! The 2020 event will feature an autism resource fair. Mall of America Rotunda, Bloomington.

**Aug. 3, 2020**  
AuSM’s 25th Annual Golf Classic  
During AuSM’s 2020 golf fundraising event, participants will play a round of golf on a pristine course, place silent auction bids, and enjoy delicious food in support of individuals with autism in Minnesota. The Royal Golf Club, Lake Elmo.

**Sept. 19, 2020**  
AuSM Autistic Community Summit  
The 3rd Annual AuSM Autistic Community Summit will include a keynote presentation and breakout sessions. This event is for adults with autism by adults with autism. Union Depot, St. Paul.

**Oct. 10, 2020**  
AuSM Pumpkin Trolley  
Get ready for some harvest time fun as you ride the rails and select the perfect pumpkin to take home. Minnesota Streetcar Museum, Minneapolis.

**Oct. 21, 2020**  
An AuSM Night with Temple Grandin  
Join AuSM for an evening with this world-renowned autism community icon. Location to be announced.
You have an AuSM community.

The Autism Society of Minnesota offers a place to learn, access services, and develop skills that enhance your life. AuSM membership connects you to a common community that acts without judgment, nurtures potential, advances knowledge, and supports inclusion and appreciation.

To learn about AuSM’s member benefits and become an AuSM Member today, call 651.647.1083 or visit www.ausm.org.