Keynote Presentations and Live Breakout Sessions

**Keynote Presentations**

- Judy Endow, LCSW, Autistically Thriving
- Kari Dunn Buron: Self-Regulation: 25 Years of Trying New Pieces of String
- Haley Moss: Assembly Required

**10:45-11:45 a.m. Breakout Session 1**

- Mindfulness-Based Stress Reduction: A Tool To Help Reduce Stress In Parents of Children with ASD
- Best Practices for Online Learning
- Community Inclusion: The AuSM Paradigm

**1:45-2:45 p.m. Breakout Session 2**

- Promoting Health, Wellness, and Quality of Life
- Addressing Complex Behaviors Associated with Autism Spectrum Disorder
- Accommodations, Interviewing and Work Culture: Tips for Navigating the Neurotypical Work World

**3-4 p.m. Breakout Session 3**

- Understanding and Applying the Neurodiversity Paradigm to Provide Respectful Supports
- Video Modeling and High Tech Supports
- Supports for Minimally Verbal Individuals with ASD

**4:15-5:15 p.m. Breakout Session 4**

- See It, Show It: Reading Comprehension Based on Autistic Neurology
- Bullying Prevention, Intervention, and Tools for Parents, Educators, Professionals, and Individuals with Autism
- How to Use the Technology Tools in Your Toolbox for Distance Learning

**10:45-11:45 a.m. Breakout Session 5**

- Empower Students: Teaching Students About Their Brain
- Behind the Mask: Aiding and Understanding Girls and Women with ASD
- Cooking Up Awesome Science at Home

**12-1:00 p.m. Breakout Session 6**

- Introduction to Autistic Culture
- Helping Coordinate Your Wishes for Their Future
On-Demand Sessions

Accessibility Track
- Overcoming Obstacles: Accessing Services in Multicultural Communities
- Cultural Journeys, How to Engage and Best Support East-African Families Who Have Children with ASD
- Trauma Informed Classrooms: Using the Polyvagal Theory to Modify Our Approaches
- Using Person-Centered Design to Improve Equity and Outcomes in Schools
- Enhancing Therapeutic Relationships

Neurodiversity Track
- Grieving as a Person With ASD
- Cultural Journeys: How to Engage adn Best Support East African Families Who Have Children with ASD
- “Neuro-Majority” Mistakes
- The Edge of the Spectrum: Autistic Traits Without a Diagnosis
- Navigating the World of Sensory Supports
- The Hidden Relationship Between Executive Function and Emotion Regulation
- Presuming Competence in Individuals with Complex Support Needs

Services and Supports Track
- Overview of Guardianship Options and Supported Decision Making
- Social Security Disability Benefits 101
- Navigating Minnesota’s Systems of Supports for People with ASD
- How to Pay For It? Funding Options for Autism Services and Supports
- Disability Policy and Advocacy: Current Climate and Election Preview
- Autism Prevalence in Minnesota

Strategies Track
- Engineering Social Skills While Social Distancing
- Sexuality for All Abilities: Best Practices in Teaching Sexuality Education for People with Autism
- Strategies for Preventing Explosive ‘Behaviors’
- Ten Tips For Teaching Young Children With Autism
- Panic Attack Toolbox
- Tales from the Toybox: Learning through Evidence-Based Play
- Using Song Lyrics to Teach Meaningful Lessons: Distance Learning Edition
- Autism 101