

A Qualitative Exploration of the Experience of Autism and Potential Clinical Applications

Why?

Autistic people seek and receive mental health services more frequently than those without autism, yet many mental professionals feel unprepared to work with autistic people. This goal of this research is to better inform therapists and other mental health professionals, and make mental health services better for autistic people. This study will gather stories and experiences of individuals who have been diagnosed with autism spectrum disorder.

You Might be a Great Participant if...

- You are between the ages of 18-30 years old
- You were diagnosed with Autism Spectrum Disorder at a young age (before 10 years old)
- You are willing to discuss your experiences and perspectives on Autism

What you'll be asked to do...

- Participants will complete a 60-90 minute interview regarding their life experiences across developmental periods: elementary school, junior high, and high school.
- There will be a follow up between the researcher and the participant to ensure accuracy.

Contact Information

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Questions, comments, or concerns can be directed toward the lead researcher, Ben Bassier.

This research project is being conducted through the University of St. Thomas and is supervised by Dr. Len Jennings, PhD, LP.