

## WHO?

Autistic youth/youth with autism between 10 and 17 years old, and their caregiver(s)

## WHERE?

Online, using secure videoconferencing software (no in-person contact)

## WHAT?

2-Part Initial Assessment visit

TF-CBT sessions (12 weekly visits)

2 follow-up assessments

## HOW MUCH?

No cost for treatment.

Earn up to \$400 for completing assessment, treatment and follow-up

## QUESTIONS? Interested in participating?

Please contact us!  
wyomingcareslab@gmail.com  
or  
christina.mcdonnell@uwyo.edu  
Or you may read more and sign up at the link to the right, and a researcher will follow-up within a week



University of Wyoming IRB Protocol  
#20220304CM032



## **Has your autistic child/child with autism experienced a traumatic or stressful event?**

The CARES Lab at the University of Wyoming is offering a virtual trauma intervention, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), for autistic youth/youth with autism who have also experienced trauma and want support to handle symptoms of traumatic stress as part of a research study.

### What are common traumatic events?

- Car accidents
- Dog bites
- Witnessing fighting or violence
- Abuse
- House fire
- ...And many others

### What are traumatic stress symptoms?

- Avoiding reminders of what happened
- Feeling on edge/on the lookout for danger
- Can't stop thinking about what happened
- Irritability
- Sleep/concentration concerns
- .... And many others

### What is TF-CBT?

- 12-week, behavioral intervention that teaches children coping skills, helps them talk about stressful things they have experienced, and works with parents to help children adjust and prepare for the future.

**SIGN UP:** If you are the caregiver of a 10-17 year old child with ASD/autistic child and are interested in signing up, follow this link or scan the code to read more and complete a screening survey

[https://uwyo.sjc1.qualtrics.com/jfe/form/SV\\_6fb5RfxaoY6y38W](https://uwyo.sjc1.qualtrics.com/jfe/form/SV_6fb5RfxaoY6y38W)

