**What are traumatic stress symptoms?**
- Avoiding reminders of what happened
- Feeling on edge/on the lookout for danger
- Can’t stop thinking about what happened
- Irritability
- Sleep/concentration concerns
- …And many others

**What are common traumatic events?**
- Car accidents
- Dog bites
- Witnessing fighting or violence
- Abuse
- House fire
- …And many others

**What is TF-CBT?**
- 12-week, behavioral intervention that teaches children coping skills, helps them talk about stressful things they have experienced, and works with parents to help children adjust and prepare for the future.

**Has your autistic child/child with autism experienced a traumatic or stressful event?**
The CARES Lab at the University of Wyoming is offering a virtual trauma intervention, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), for autistic youth/youth with autism who have also experienced trauma and want support to handle symptoms of traumatic stress as part of a research study.

**Please contact us!**
wyomingcareslab@gmail.com
christina.mcdonnell@uwyo.edu
Or you may read more and sign up at the link to the right, and a researcher will follow-up within a week.

**SIGN UP:** If you are the caregiver of a 10-17 year old child with ASD/autistic child and are interested in signing up, follow this link or scan the code to read more and complete a screening survey.

tf-cbt.com/fe/form/SV_6fb5RfxaoY6y38W