

VIRTUAL WELL-BEING GROUPS FOR PARENTS OF CHILDREN WITH AUTISM

Are you interested in improving your overall well-being alongside other parents of children with autism? Then this study might be for you!

You can participate if:

- ✓ You are at least 18 years old
- ✓ You are the parent of a child (age 5-12) with autism and challenging behavior
- ✓ You speak English
- ✓ You have access to a device with audio and video capabilities
- ✓ You can identify another adult to assist with participation

Purpose: To examine whether virtual parent groups are something parents are willing to participate in.

Cost: There is no cost to you to participate. You will be able to access materials and groups free of charge.

Time Commitment: A maximum of 9 weeks. It will include an intake interview, 1-6 virtual group sessions, and 2 sessions of individual parent training.

Location: All study components will take place virtually.

If you are interested in participating or have any questions, please contact Abigail Moretti at morett94@rowan.edu

This study has been approved by Rowan University's IRB (Study #PRO-2023-5)

