

# Autistic Community Summit 2023

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**AUTISTIC COMMUNITY SUMMIT**  
-Autism Society of Minnesota-

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# How to Use this Guide

The information in this social narrative is intended to help prepare guests to attend AuSM's 6<sup>th</sup> Annual Autistic Community Summit.

AuSM welcomes participants to come as their authentic selves! We recognize that everyone has different communication and socialization styles; self-regulation needs; accessibility concerns; and more.

If you have questions or concerns during the event, please seek assistance from AuSM staff who can be reached at [events@ausm.org](mailto:events@ausm.org).

# What is Summit?

The purpose of Summit is to provide a space for community building and sharing the knowledge and perspectives of Minnesota's autistic community.

Summit is a busy event attended by hundreds of people. Attendees include autistic individuals, parents & caregivers, educators, other professionals, and more! It may be crowded as I navigate the Summit. I can identify spaces at Lionsgate Academy where I can go if I need a break from other people.

# Before Summit

I can review the Summit schedule on the [AuSM website](#).

I will also receive a hard copy of the Summit Program when I register at the event. I will hold onto my Summit Program, as it is the best source of information about the event.

I can select which break-out sessions I want to attend before arriving at the event. I can also decide when I'm at the conference or change my mind in the moment.

I will be sent a link that will give me access to the handouts one week before the Summit. The link will also have a password I can use to access the handouts. If I want a hard copy of a handout, I will need to print it off the AuSM website.

# General Information

I am attending AuSM's 6<sup>th</sup> Annual Autistic Community Summit at Lionsgate Academy in Shoreview. The Summit is on October 14; it starts at 9:00 am and ends at 4 pm. I may choose to attend as much or as little of the event.



# Event Details

- Date:
  - Saturday, October 14, 2023
- Time:
  - 9:00 am- 4 pm
- Location:

Lionsgate Academy  
599 Cardigan Rd  
Shoreview, MN 55126  
<https://ausm.org/events/autistic-community-summit/>

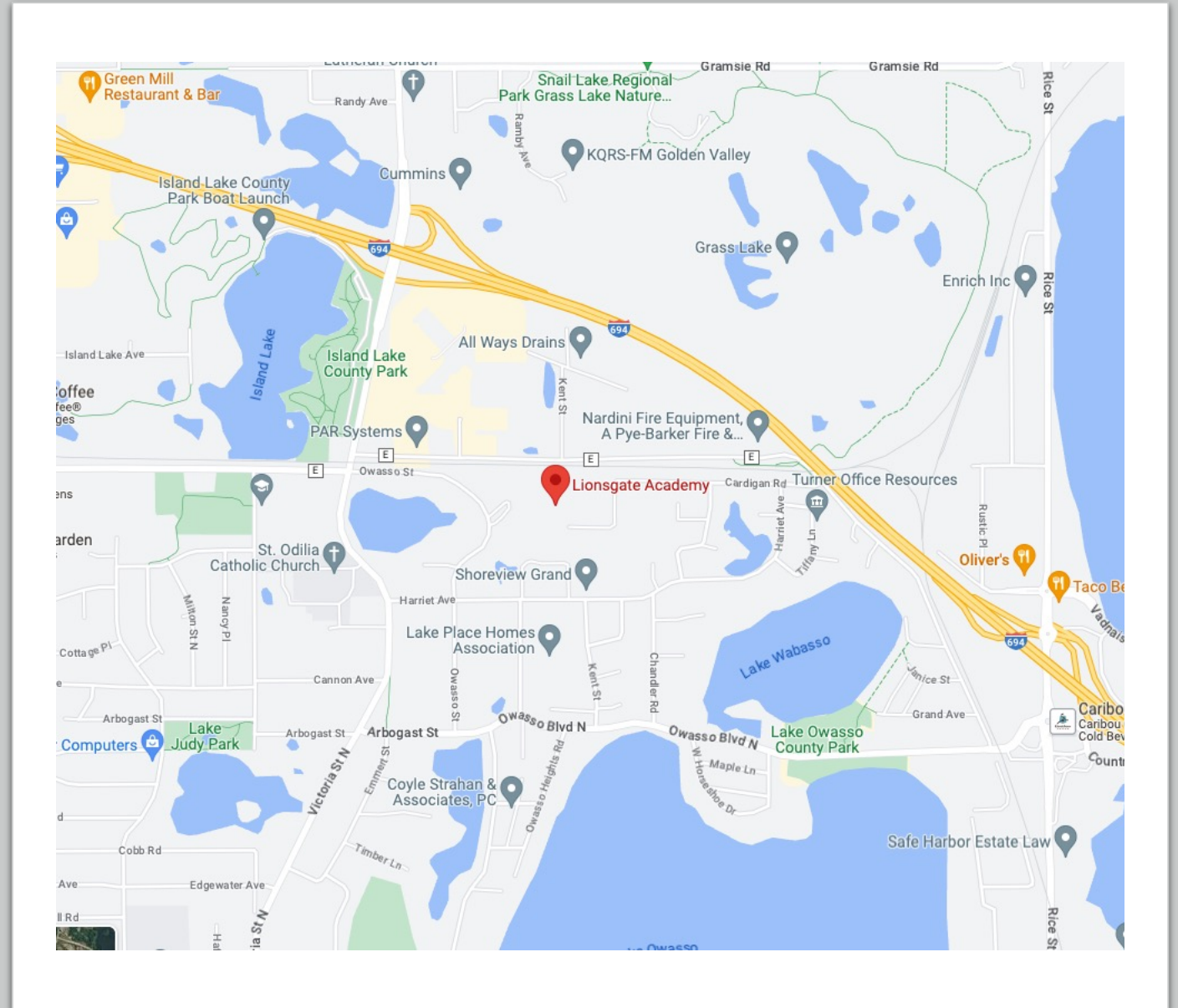


# Getting to the Event

## [Driving Directions](#)

Free parking is available

[Click here for public transit information](#)

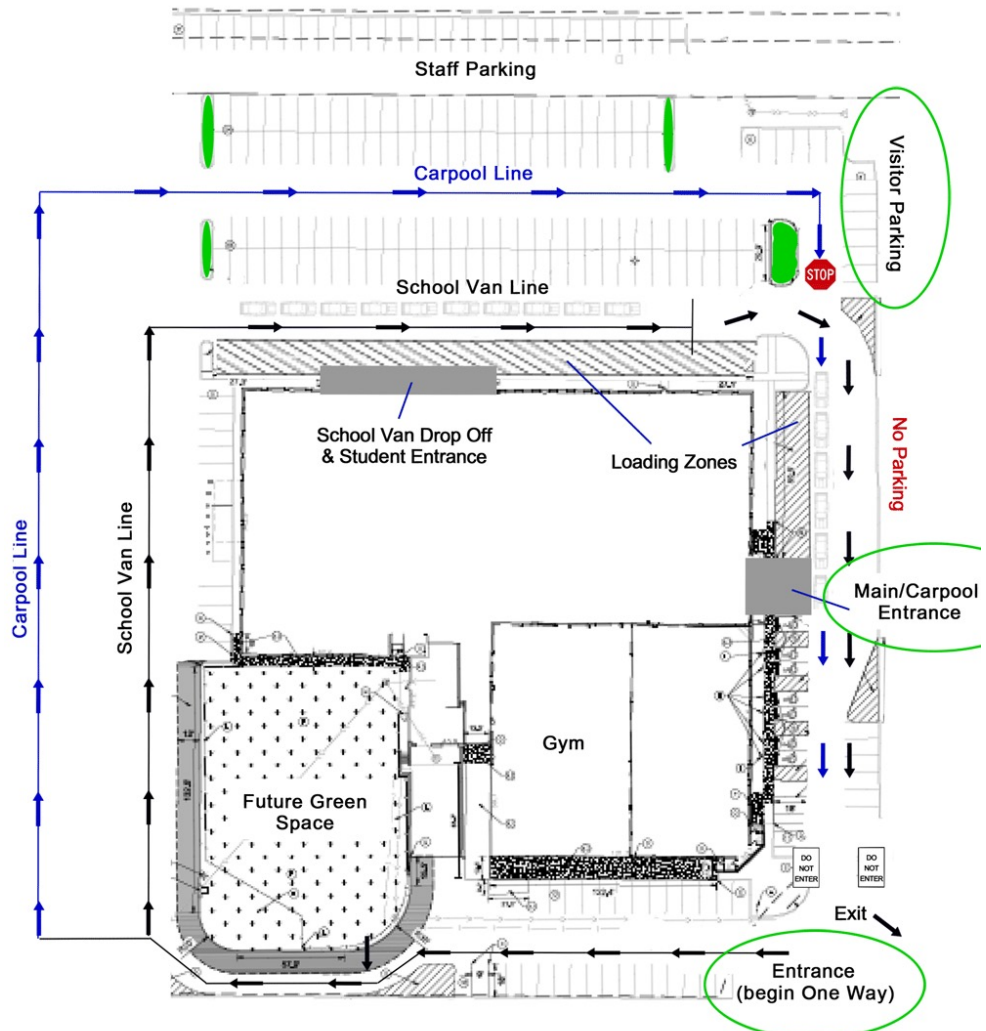






# Arrival & Check-in

- The week before Summit, I will receive a confirmation email with details about when and where to check-in.
- I can enter Summit at Door 1/Main Entrance. To get to Door 1, I will enter the campus and follow the Carpool Line all the way around the building. I can park in the areas marked Staff Parking. All the Visitor Parking spaces are reserved for accessible parking.



# Arrival & Check-in

When it is my turn, I will give my name to the AuSM volunteers at the registration table. Once they locate my name in their records, they will give me a bag and folder with conference information.

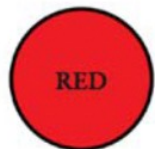
There will be stickers available at the registration tables. I can choose to wear stickers that indicate how comfortable I am with social interaction. The guide to using interaction stickers is in my Summit Program. I can also choose to wear a sticker to indicate which pronouns I use. Use of these stickers is optional.



I am interested in interacting, but I have trouble approaching others and initiating interaction. Please feel free to initiate conversation with me.



I am interested in interacting with others, but only with those I'm familiar. Please approach or initiate only if you know me.



Please do not approach me or initiate interaction with me at this time.

## Pronoun Stickers

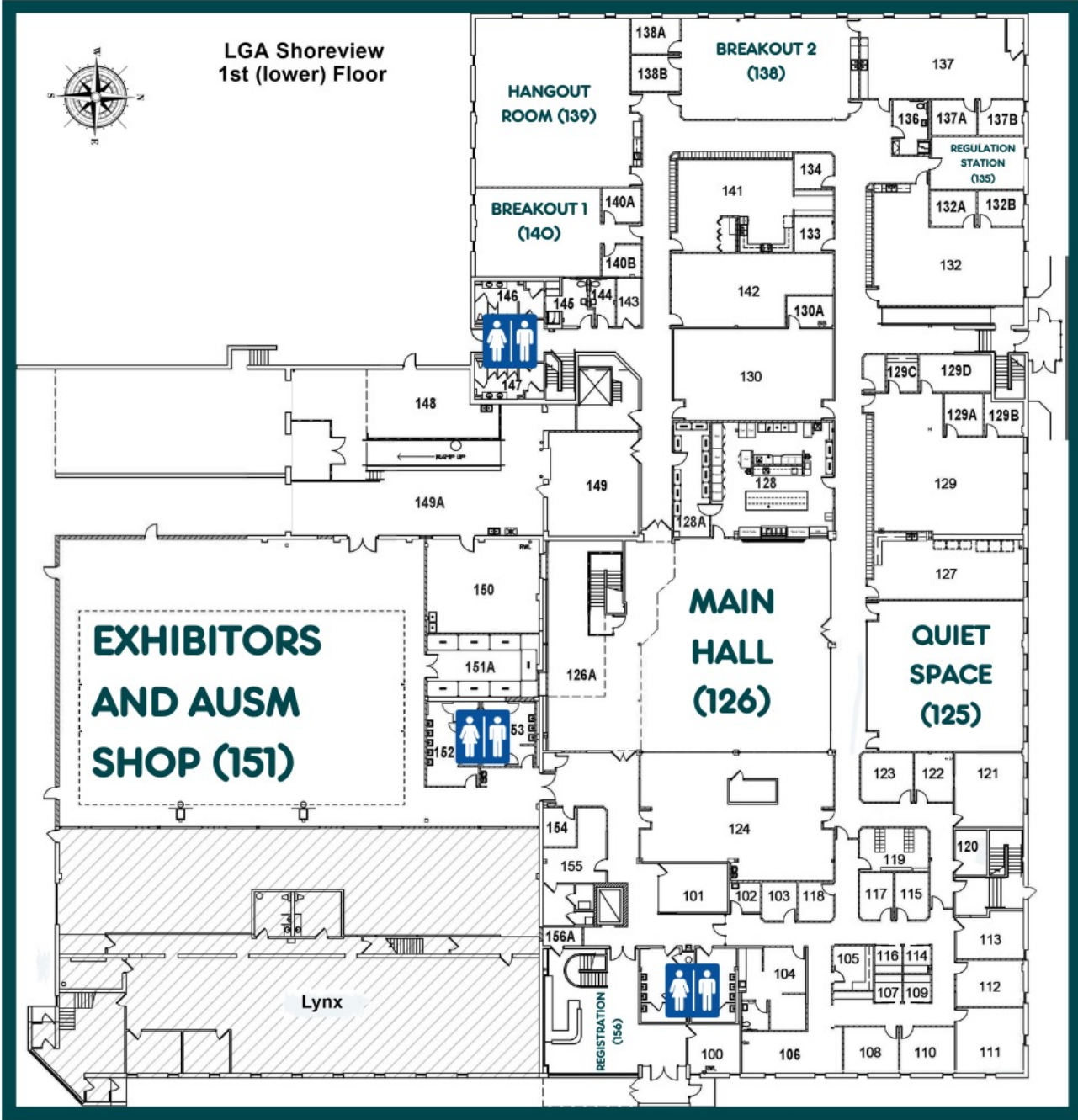


An integral part of making the most of everyone's conference experience is helping everyone feel included, respected, and appreciated. A person's name, their clothing, or any other outward signals don't necessarily tell you how that person identifies. To assist with gender-inclusive communication, pronoun stickers are available by the nametags near registration.

# Navigating Summit

There is a map of Summit session locations in my Summit Program.

I can use the map to locate where each presentation will be held, where to find the AuSM Shop, Quiet Room, bathrooms, exhibitors, Hangout Space, and more.



**ENTER HERE**

# Session Locations

- The keynote presentation will take place in the Main Hall (126).
- Breakout sessions will take place in the Main Hall (126), Breakout 1 (140), and Breakout 2 (138).
- There are signs on the walls that will help me locate where the different rooms are. Additional signage will be posted to clarify where each session is.
- It may be crowded during the keynote, as there are no breakout sessions during that time. I can plan to get to the session early to find a preferred seat.
- If I need additional help finding anything at the conference, I can ask an AuSM staff member for assistance.
- Each presentation in the Summit Program has its location listed after the topic.

# Summit Morning Schedule

8:00-9:00 a.m. Registration is open

9-9:45 a.m. Optional Discussion Sessions

- The Problems with Transition from School to Adulthood
- Aging and Autism
- Autism and Intersectionality
- Get To Know Each Other in the Hangout Room

9:45-10 a.m. Break

10 a.m.-11 a.m. Keynote Panel: Building Inclusive Autistic Communities and Relationships that Survive Conflict

11-11:30 a.m. Break

11:30 a.m.-12:30 p.m. Breakout Session 1

- Autistic Mental Health presented by Amelia Maciejewski (30 minutes, 11:30 a.m.-12 p.m.)
- What Is Neurodivergent Affirming Support? Presented by Michelle Swerin (30 minutes, 12-12:30 p.m.)
- ASL and Accessibility for All presented by Bailey Jameson
- Panel: Current Issues in Special Education presented by Jillian Nelson, Joyner Emerick, and Maren Hulden

12:30- 1:30 p.m. Lunch Break

# Summit Afternoon Schedule

## 1:30-2:30 p.m. Breakout Sessions 2

- Using Anger for Good - Unlocking Mindful Awareness to Live Your Best Life presented by Aja Wolfe
- Research on Autism, Driven by Autistic Researchers (RADAR) presented by Isabelle Morris and Jessica Sykes
- The Right to Work: Navigating Discrimination presented by Melanie Capra (30 minutes, 1:30-2 p.m.)
- What I Learned From My So-Called Career presented by Kate Shields (30 minutes, 2-2:30 p.m.)
- Powerpoint Party in the Hangout Room

## 2:30-3 p.m. Break

## 3-4 p.m. Breakout Session 3

- Breaking Down Our Internalized Ableism and Building Our Disability Pride presented by Milena Bates
- Autistic Socializing and Networking presented by Philip King-Lowe and Mitchell Schaps
- Listening Session: Guardianship Issues and Alternatives hosted by Eric Ringgenberg

Visit <https://ausm.org/events/autistic-community-summit/detailed-summit-schedule/> for detailed descriptions of each presentation.

# Keynote & Breakout Sessions

Breakout sessions are 30 minutes or one hour in length, and there will be 3 sessions occurring at the same time. I can choose which breakout session to attend.

Each room has a variety of seating options. There will be some rows reserved near the front for people who need to be close for accessibility needs. I can also sit on the floor if I want. If I want to find a preferred seat, I should arrive to the presentation early. Seating is first-come, first-served.

I should keep my belongings under my seat or on the table in front of me so that chairs are available for other people.



# Exhibitor Tables

There will be many exhibitors from various organizations at the event providing resources about their services. I can find a list of exhibitors in my Summit Program.

The tables will be located in the gym, room 151.

# AuSM Shop

The AuSM Shop is located in the gym in room 151.

There will be many items for sale including books, sensory tools, and more!

I should bring cash and/or credit cards with me to the Summit if I want to purchase anything from the AuSM shop.

I can ask AuSM Shop staff for help finding items or if I have any questions about the items.

# Exhibitor Tables & AuSM Shop

The exhibitor tables and AuSM Shop can become crowded, especially during registration and lunch hours. I may have to wait in line to visit a vendor or check out the shop. There will be AuSM staff there to keep lines moving as quickly as possible.

I can also wait to visit these areas until there are fewer people which is usually during presentation times.

The AuSM Shop is open all day.

# Eating Lunch

When I registered for the event, I could choose to add a box lunch to my registration. If I bought a box lunch, I can pick it up at 11:30 at the registration table.

If I didn't buy a box lunch, I can bring my own food or leave to buy food on my own.

I can eat in the Main Hall, the Quiet Room, or the Hangout Space.

# Sensory & Accessibility

Bathrooms are located throughout the space. I can locate the bathrooms on the map in my Summit Program. The bathrooms use paper towels and do not have blow dryers.

There is a gender-neutral restroom available.

There are water fountains outside the bathroom.

# Sensory & Accessibility

Some attendees may be uncomfortable with physical touch, I will always ask for consent before touching someone else.

I should also refrain from using flash photography.

Some individuals may have mobility issues and/or move at a different pace, so I will pay attention to my surroundings to avoid bumping into others.

# Sensory & Accessibility

If I need to relax, I can also visit the Quiet Room which is located in the media center, Room 125.

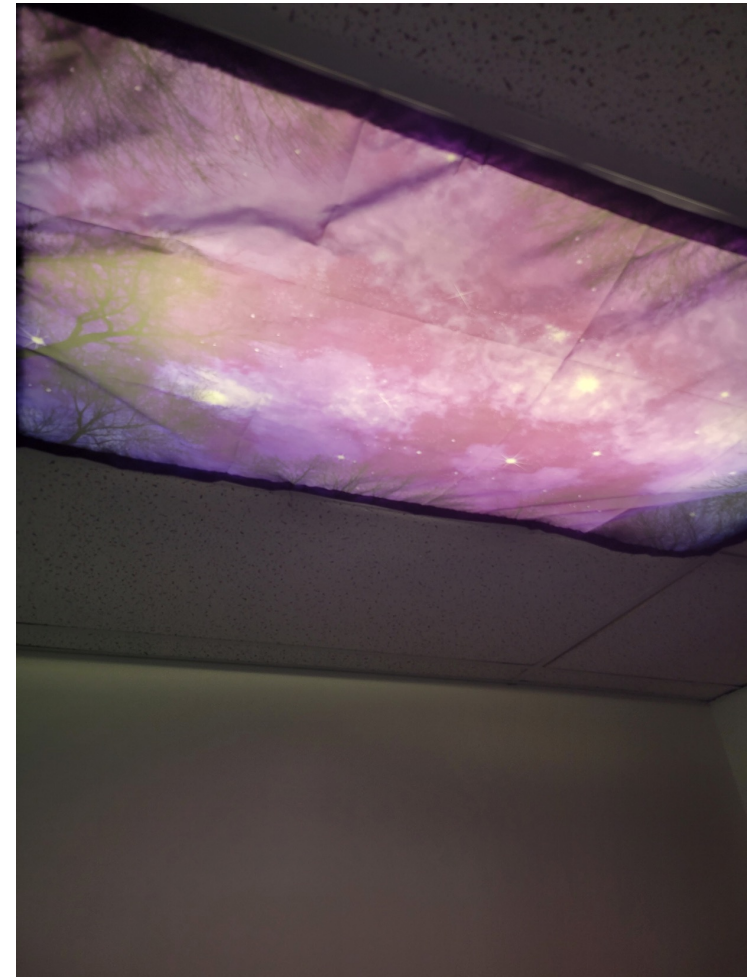
There will be some sensory tools available for me to use while I'm in that space. These items will stay in the Quiet Room.



# Sensory & Accessibility Details

There are overhead fluorescent lights in the space, but they are covered with softening fabric (the photo on the right shows a light).

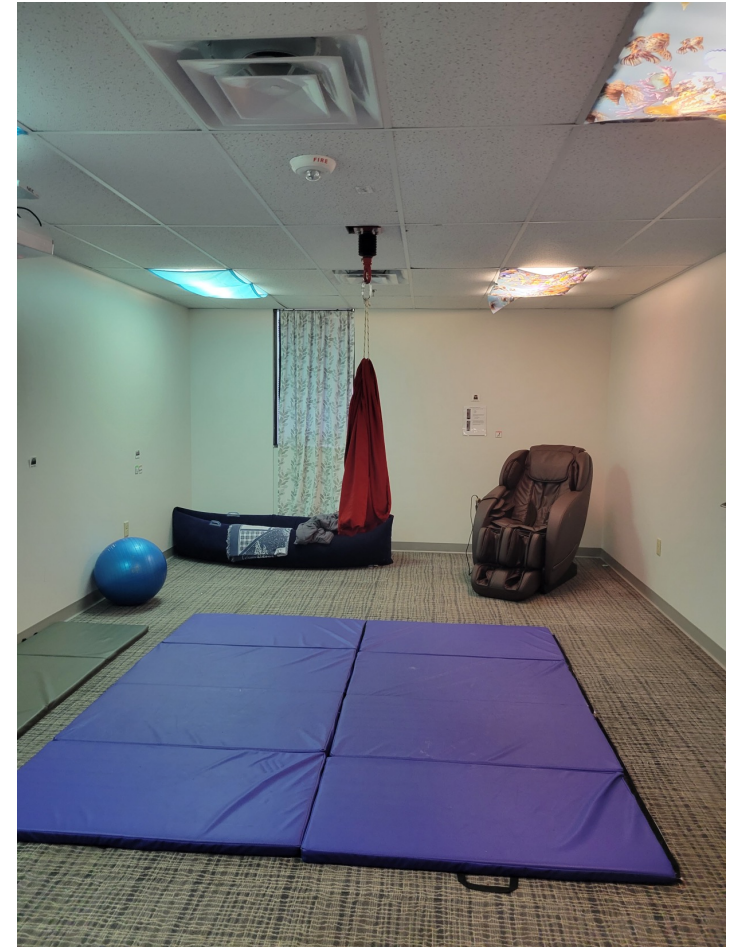
I will hear crowd sounds, such as people talking and laughing, which may echo in larger spaces like the Main hall. Speakers will use a microphone during presentations in larger spaces.





# Sensory & Accessibility Details

If I want to regulate my sensory needs, I can use the Regulation Station. This room has a swing, exercise ball, massage chair, mats, and other equipment I can use.



# Sensory & Accessibility

AuSM has asked attendees and staff not to wear scented lotions or perfumes during the conference; however, I may still smell soaps or shampoos while I am at Summit.

I should avoid wearing any scented products to the event, as others may be sensitive to smells.

If I am overwhelmed by any scents, I can step outside for a break.

# Thank You for Attending!

After the Summit is over, I will receive an email with more information. It will include links to watch recordings of each of the sessions. I will have a full year to watch these recordings if I missed any or want to re-watch anything.

The email will also include a survey. Filling out the survey helps AuSM make changes and improve the event next year.