

Hand in Hand Packing List & Personal Belongings Inventory

Please label all items sent to camp, including clothes worn on arrival. Bring this list to camp.

This is a suggested packing list for camp. Please indicate the number of each item that have been packed **or worn to camp**. Staff will attempt to use this list when packing your camper to go home. It works even better if you use it to **go through your camper's luggage when you pick them up!** Commonly forgotten, essential items appear in bold type.

Camper's Name _____

- | | |
|--------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|
| <input type="checkbox"/> Picture of a negative home COVID test result that is less than 24-hours old. _____ | <input type="checkbox"/> 1 sunscreen (SPF 15+) _____ |
| <input type="checkbox"/> 6-7 Shirts (will get a camp shirt) _____ | <input type="checkbox"/> 1 baby oil gel (Swimmer's itch preventative) _____ |
| <input type="checkbox"/> 1-2 Sweatshirts _____ | <input type="checkbox"/> 1 bug spray _____ |
| <input type="checkbox"/> 2+ Bras _____ | <input type="checkbox"/> 1 water bottle _____ |
| <input type="checkbox"/> 6+ pair underwear _____
(or 6 days' worth of diapers/pull-ups and wipes) | <input type="checkbox"/> 1 hat _____ |
| <input type="checkbox"/> Bathroom/diaper wipes _____ | <input type="checkbox"/> 1 pair sunglasses _____ |
| <input type="checkbox"/> 8-10 pair socks _____ | <input type="checkbox"/> Medications _____ |
| <input type="checkbox"/> 2 sets pajamas _____ | <input type="checkbox"/> Tampons/pads (if applicable) _____ |
| <input type="checkbox"/> 2+ jeans/pants _____ | <input type="checkbox"/> Weighted blanket _____
(if camper sleeps with one at home) |
| <input type="checkbox"/> 5+ shorts _____ | |
| <input type="checkbox"/> 1 hooded rain jacket _____ | In a toiletries bag: |
| <input type="checkbox"/> 1-2 pair sneakers or hiking boots _____ | <input type="checkbox"/> 1 deodorant _____ |
| <input type="checkbox"/> 0-1 sandals/swim shoes _____ | <input type="checkbox"/> 1 shampoo _____ |
| <input type="checkbox"/> 1 Sleeping bag OR twin bedding _____ | <input type="checkbox"/> 0-1 conditioner _____ |
| <input type="checkbox"/> Plastic sheet (if bedwetting is an issue) _____ | <input type="checkbox"/> 1 liquid soap/shower gel _____ |
| <input type="checkbox"/> 1+ Pillow in pillowcase _____ | <input type="checkbox"/> Shaving supplies _____ |
| <input type="checkbox"/> 1-2 Laundry bags (not plastic!) _____ | <input type="checkbox"/> 1 toothbrush _____ |
| <input type="checkbox"/> 2 shower towels _____ | <input type="checkbox"/> 1 toothpaste _____ |
| <input type="checkbox"/> 1-2 beach towels _____ | <input type="checkbox"/> 0-1 dental floss _____ |
| <input type="checkbox"/> 1-2 swimsuits _____ | |
| <input type="checkbox"/> 0-1 swim goggles/mask _____ | <input type="checkbox"/> 0-1 nightlight _____ |
| <input type="checkbox"/> 1 comb/brush _____ | <input type="checkbox"/> Talent show props _____ |
| | <input type="checkbox"/> \$\$ for canteen* _____ |

*If you send money for canteen, it will be placed in an account with your camper's name. Any remaining balance will be returned at the end of camp. Please tell camp staff what clothing items you want your camper to buy so that we can facilitate.

If bedwetting is an issue for your camper, please send diapers, wipes, extra underwear, plastic sheet, extra pajamas, and one extra set of bedding/sleeping bag for the week.

Please list any electronics – including hearing aids, c-paps, chargers, and headphones – here: