



THERAPIST'S GUIDE TO CONFERENCE

Why should a therapist attend the conference?

The Minnesota Autism Conference is a great place for therapists to stay up to date on the latest best practices and research for autism. Not only will you walk away with practical strategies that will help you with everything from behaviors to social skills, you also will earn CE credits and

connect with colleagues. If you don't find information on everything you're looking for at the conference, our AuSM Shop has a hand-selected collection of books and other resources about every age, topic, and concern related to autism. If you're looking for help with a particular topic, visit the bookstore and we will help you find the right resource. Use this guide to help you find the sessions and resources tailored for therapists at the event.

Obtain CEUs

Continuing Education Units (CEUs) will be available from the Minnesota Board of Psychology, the Minnesota Board of Social Work, the Minnesota Board of Behavioral Health & Therapy, the Minnesota Board of School Administrators, and the Minnesota Board of Marriage and Family Therapy for conference sessions. Certificates will be available at the end of the conference at AuSM Headquarters. If you are applying for CEUs through a different board, a Certificate of Attendance will be available in your participant folder to submit to your board.

Wednesday, April 17, 12:30-4:30 p.m. Foundational Conference Workshop

Conference Keynote Presentations

- ☐ Thursday, April 18, 8-9:30 a.m.
You're Going to Love This Kid presented by Dr. Paula Kluth
- ☐ Thursday, April 18, 1:15-2:45 p.m.
The Future of Autistic Self-Advocacy presented by Dr. Devon Price
- ☐ Friday, April 19, 8-9:30 a.m.
Beyond Words: Exploring Autistic Multimodal Communication presented by Joyner Emerick

Conference Breakout Sessions

Thursday, April 18

10-11 a.m.

- ☐ Trauma in Autistic Children and Young Adults presented by Beth Pitchford, Barb Luskin, and Sara Lahti

11:15 a.m.-12:15 p.m.

- ☐ Supporting LGBTQ+ Youth: Tools for Parents and Other Adults presented by Cat Hammond
- ☐ Trauma in Autistic Adults presented by Beth Pitchford, Barb Luskin, and Sara Lahti
- ☐ The Roots of Behavior: A Neurodiversity-Affirming Perspective presented by Elizabeth Duffy and Michelle Pettit

Conference Breakout Sessions (cont.)

Thursday, April 18

3:15-4:15 p.m.

- ☐ Assessing Transition Needs Among Individuals With Disabilities and Caregivers presented by Mahasweta Bose, Carl Arps, Dr. Rebekah Hudock, Dr. Chimei Lee, and Maren Christenson Hofer
- ☐ What's Behind the Mask: An Exploration of Masking, Burnout, and the Autistic Experience presented by Santanna Ficken and Sophie Tomskey
- ☐ Taking a Person Centered Approach to ADLs presented by Nicole Ogren and Jake Archbold

Friday, April 19

10-11 a.m.

- ☐ The Art of Coregulation: Strategies to Regulate Emotions from Neurodivergent Perspectives presented by Tiffany Schroeer, Chelsey Hendrickx, and Revel Weber
- ☐ Setting and Keeping Boundaries presented by Sara Lahti
- ☐ Centering Joy: Lessons Learned from a Family Camp for Autistic Children in the Somali and Oromo Communities presented by Rufo Jiru, Delia Samuel, and Fatima Molas

11:15 a.m.-12:15 p.m.

- ☐ Empowerment and Belonging for Adult Women with Late Diagnoses presented by Laura Adrian
- ☐ Bridging Silos presented by Sara Swan
- ☐ Autistic Mental Health: Preventing and Responding to Crisis presented by Amelia Maciejewski
- ☐ Let's Talk About 'It:' Building Comfort Around Sexuality and Development presented by Elissa Marble and Alyssa Perau

1:15-2:15 p.m.

- ☐ Takeaways from the 2023 International ADHD Conference: RSD, Hormones, and More presented by Beth Pitchford
- ☐ Beyond To-Do Lists: Executive Function from an Affirming Perspective presented by Elizabeth Duffy and Santanna Ficken
- ☐ "Subtle but Significant" Autism presented by Dr. Megan Helmen

2:30-3:30 p.m.

- ☐ Research on Autism, Driven by Autistic Researchers (RADAR) presented by Isabelle Morris, Freya Roherty, and Jesica Sykes
- ☐ Gifted and Autistic: Unique Strengths, Challenges, and Therapeutic Considerations presented by Jaime Ascencio

WHAT'S NEXT

In addition to the annual state autism conference, AuSM offers resources and services throughout the year that can be beneficial to therapists working with clients on the spectrum. The AuSM Counseling and Consulting team is available to consult with therapists, group home staff, community organizations, employers, day training and habilitation groups, and other direct support professionals who work with individuals with autism to help with general training or to offer strategies related to a specific issue or topic. In addition, we have customized trainings available. Make sure you stay connected to AuSM with our twice monthly e-newsletter, AuSM Connections. To learn more about autism, join us for ASD Direct Support Certification, a 15-hour intensive course that gives practical solutions for working with people on the spectrum