

ausm
autism society of minnesota



**SUPPORT INCLUSION
EMBRACE NEURODIVERSITY
CELEBRATE DIFFERENCE**



What is Autism?

Autism is a complex, lifelong neurodevelopmental disability that affects essential human behaviors such as social interaction, the ability to communicate ideas and feelings, imagination, self-regulation, and the ability to establish relationships with others.

Remember that autism is a spectrum. Individuals will have their own unique constellation of traits, and no single individual is guaranteed to have any single trait. . Different people will have different levels of challenges, and these challenges are based on supports and environment. No single behavior can be used to identify autism.

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Autism
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To learn more, visit
www.ausm.org