



**SUPPORT INCLUSION
EMBRACE NEURODIVERSITY
CELEBRATE DIFFERENCE**



What is Autism?

Autism is a complex, lifelong neurodevelopmental disability that affects essential human behaviors such as social interaction, the ability to communicate ideas and feelings, imagination, self-regulation, and the ability to establish relationships with others.

Remember that autism is a spectrum. Individuals will have their own unique constellation of traits, and no single individual is guaranteed to have any single trait. . Different people will have different levels of challenges, and these challenges are based on supports and environment. No single behavior can be used to identify autism.

ausm
autism society of minnesota



Autism
Society

To learn more, visit
www.ausm.org