

Meal Times at Camp



ausm[®]

autism society of minnesota

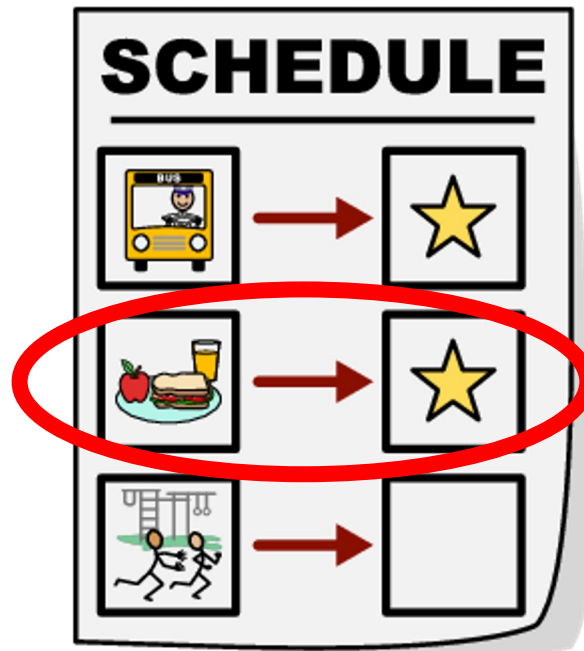
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This summer, I am at Camp Hand in Hand

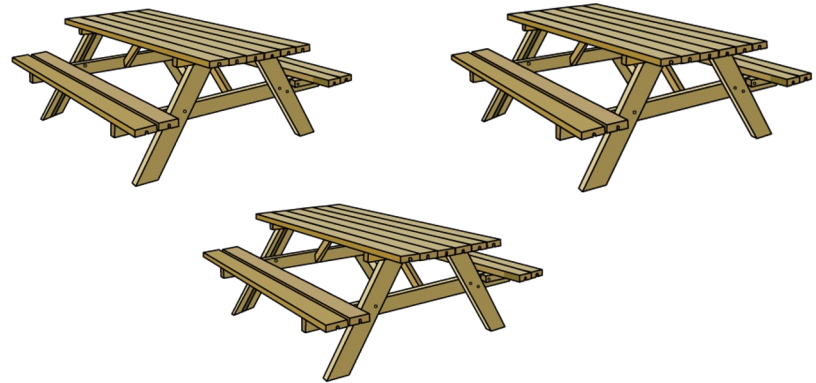
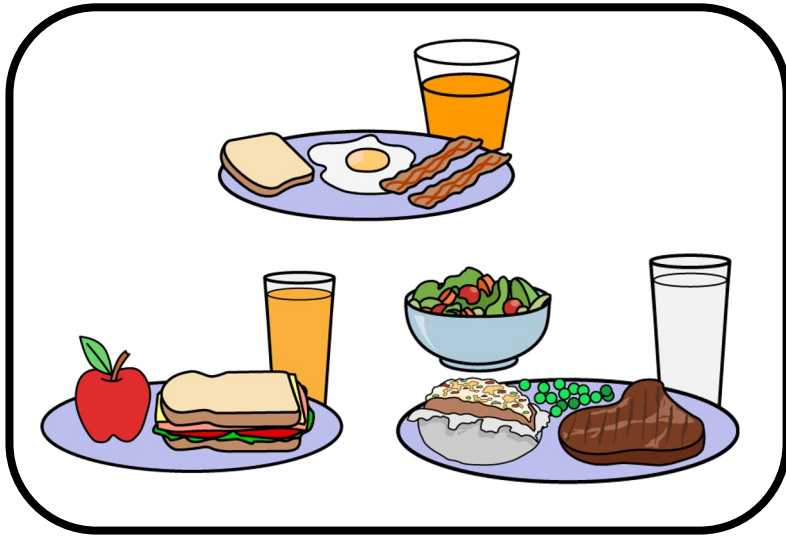


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At camp, there will be a schedule of events,
including meal times.



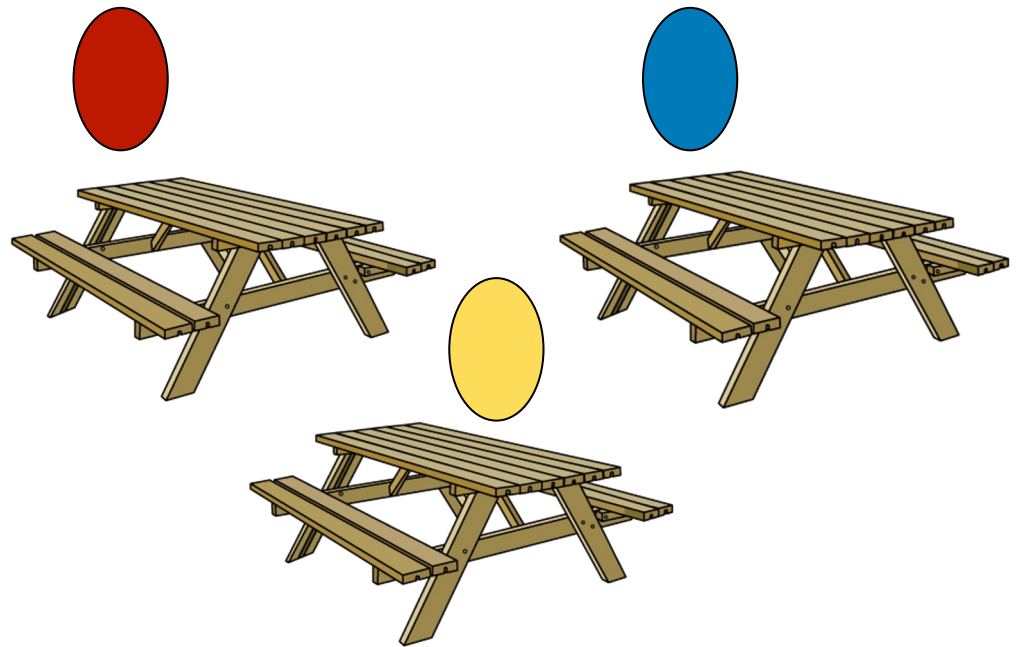
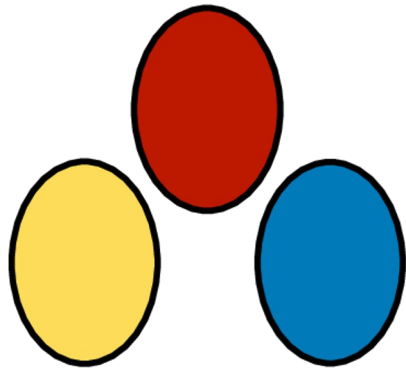
We will eat breakfast, lunch, and Dinner outside at tables.



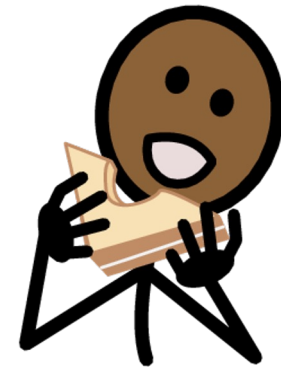
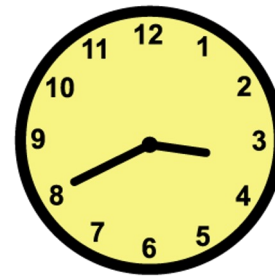
If it's bad weather, we will eat in the dining hall or Bazinet.



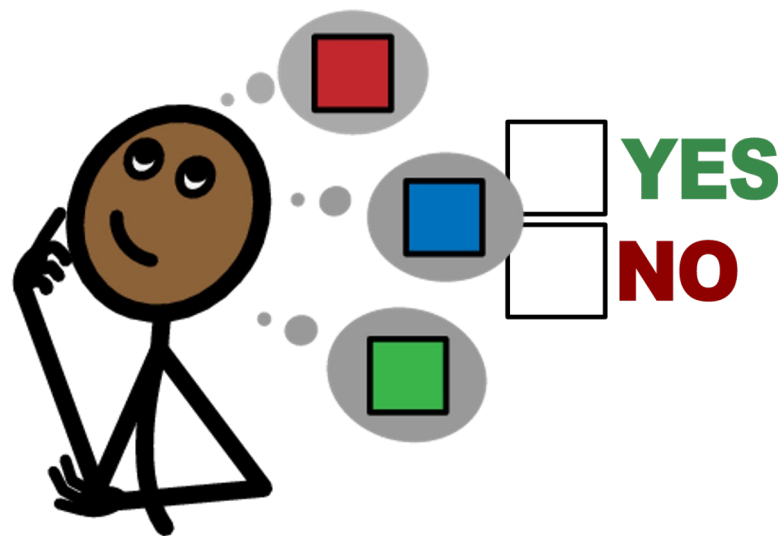
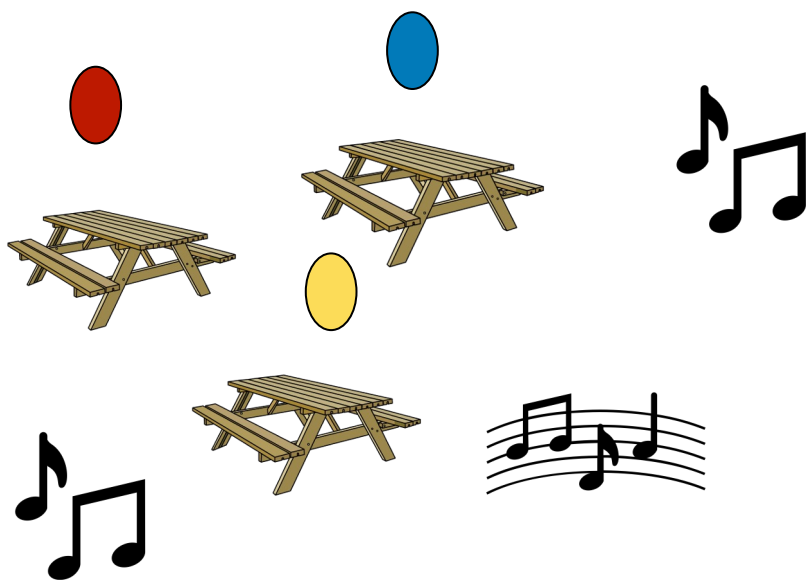
We will sit with the color of our group.



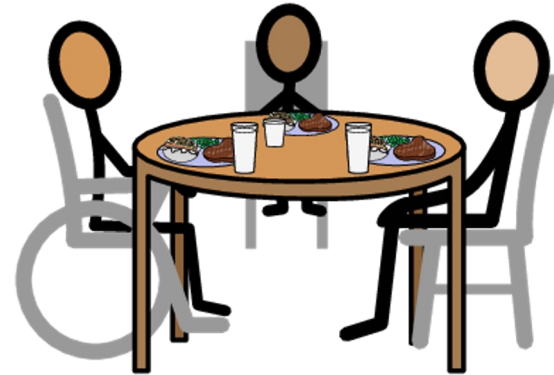
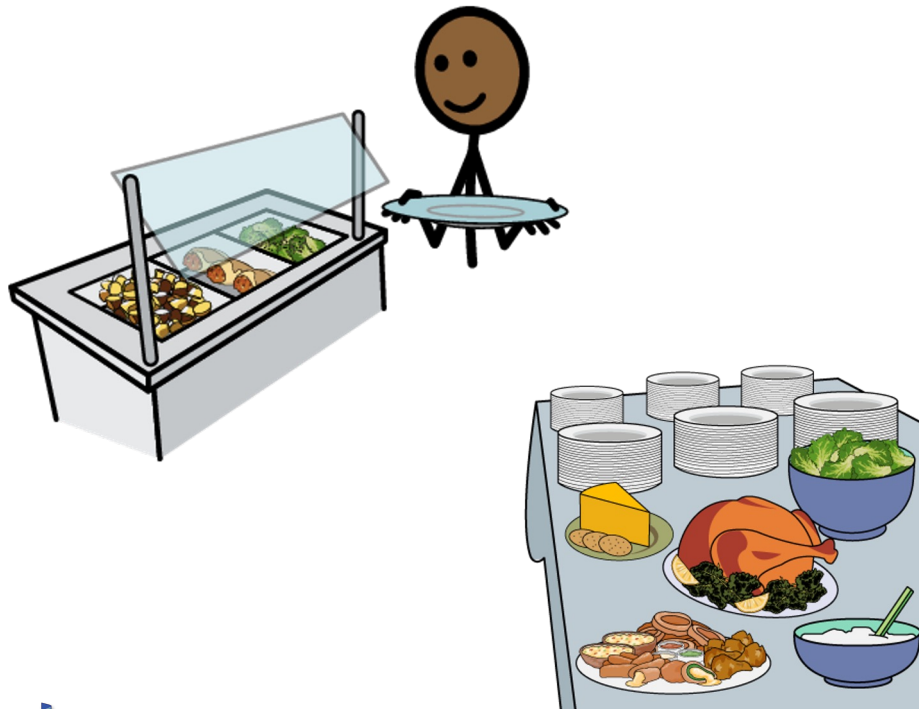
A bell will be rung to let us know it's time to eat!



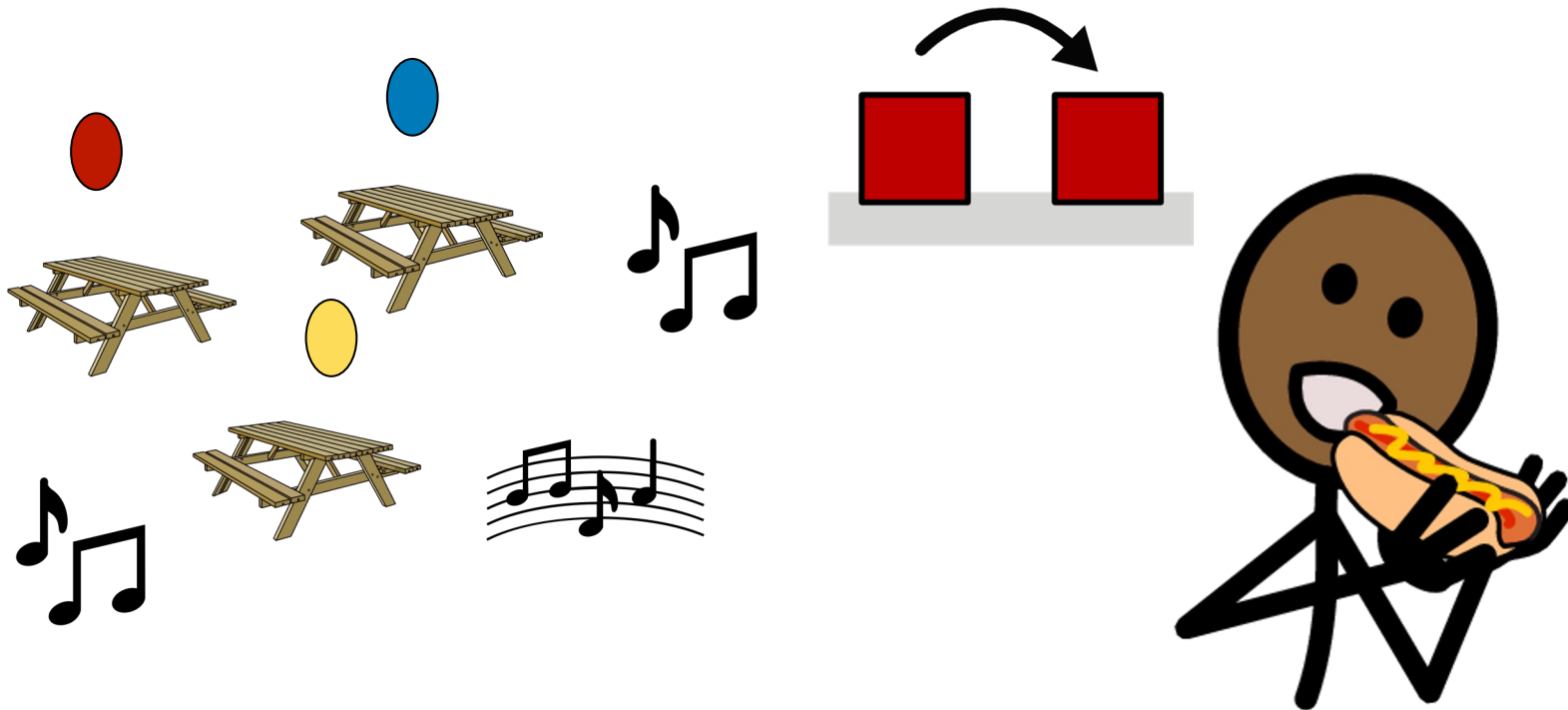
After the bell is rung, there will be a song.
It is my choice to join in or not.



Meals will be served **family-style**, which means we share with everyone at our table



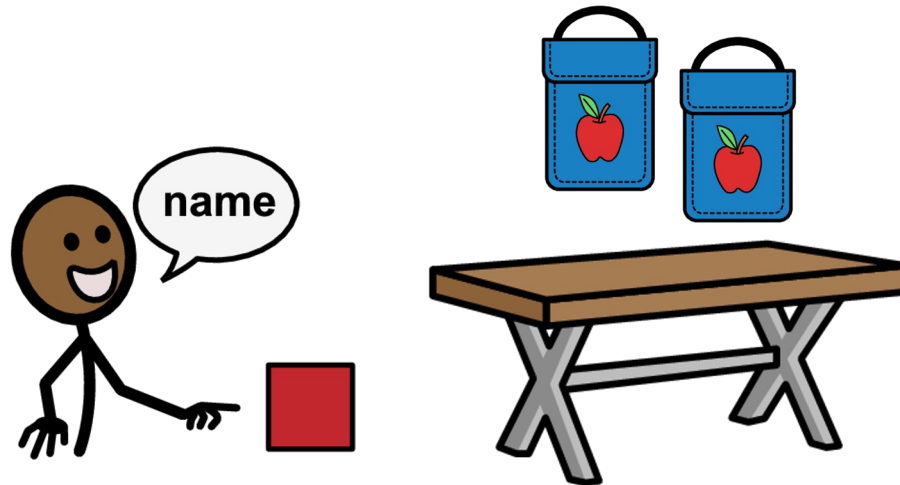
I can start eating after the song is sung.



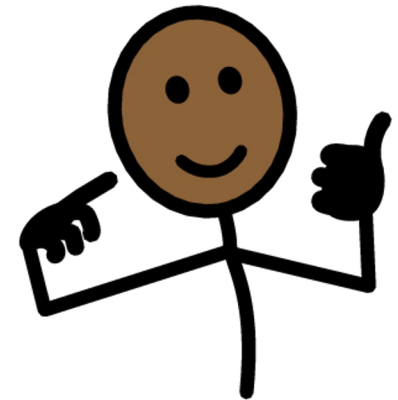
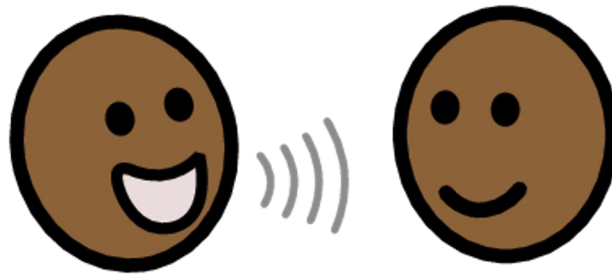
There are options for people with special diets,
like gluten-free, dairy-free, and vegetarian.



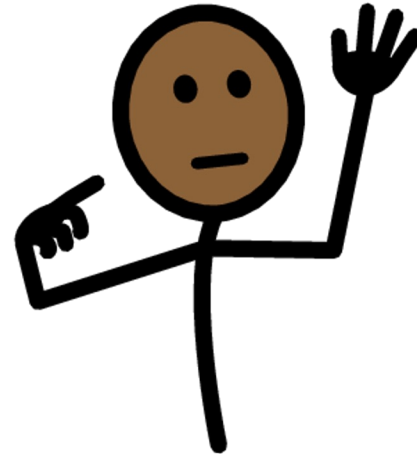
If I brought food from home, it will be at a special window with my name on it.



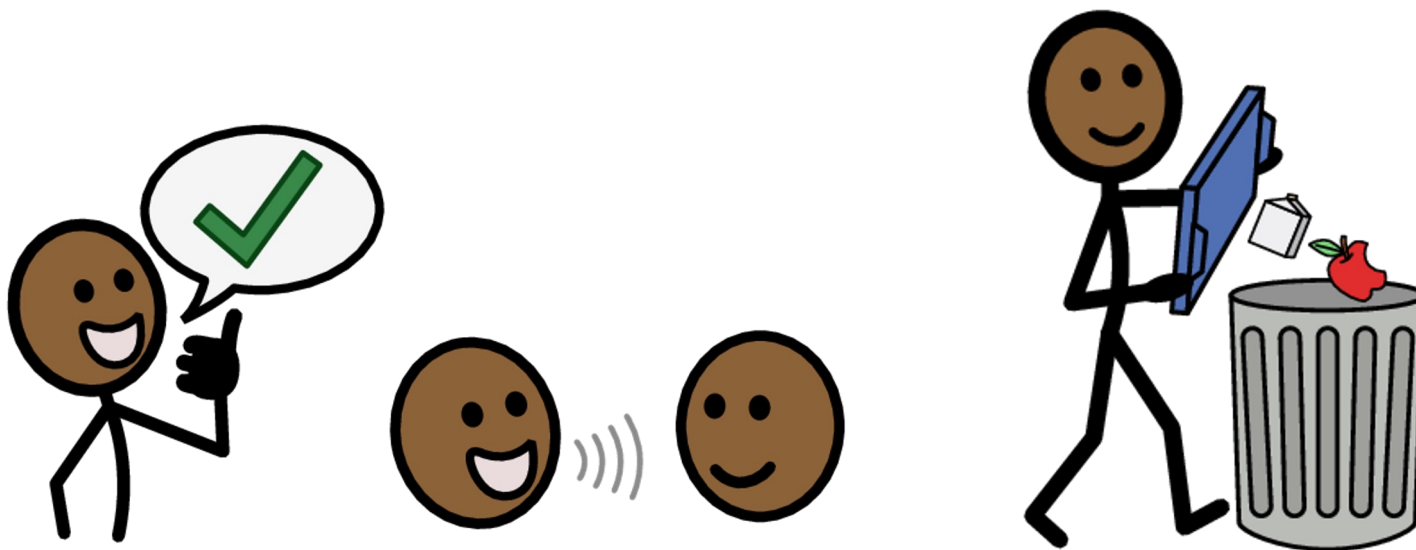
If it's too loud, I can tell my staff I want to eat somewhere else. That is okay.



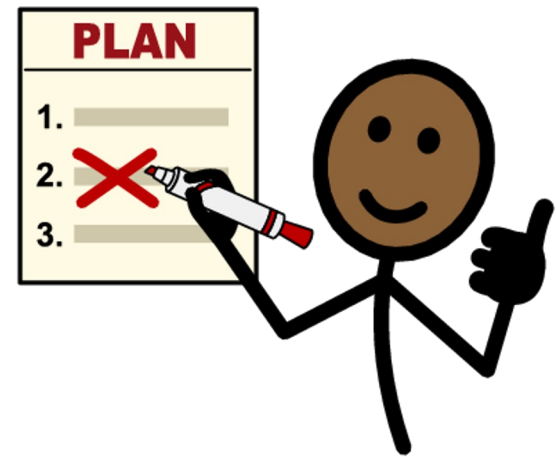
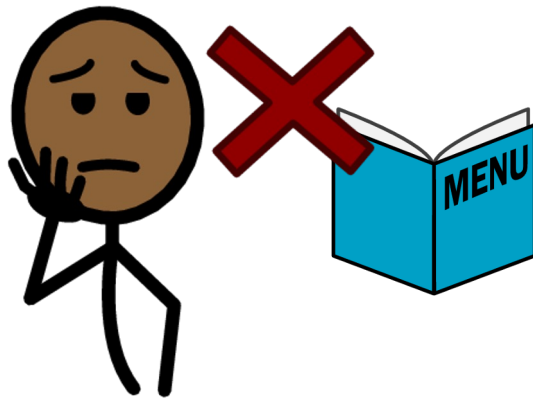
If I need help serving myself, I can ask my staff.



When I'm all done, I can let my staff know and clear my dishes.



Sometimes there's a mistake on the menu. I can be flexible and try something different.



There will be food that I can eat. I won't go hungry.

