

Certificate of Attendance

The following participant attended the workshop Autism and Eating Disorders on December 4, 2025.

Name of Participant

Speakers: Heather Gallivan, PsyD, LP, Zephyr James, Andrea Zuellig, PhD, LP

Total Contact Hours: 3

Objectives: By the end of the session, participants will...

1. Describe the rates of co-occurrence and unique presentation of eating disorders in autistic individuals, with a focus on anorexia and ARFID.
2. Explain why autistic traits—such as sensory sensitivities, cognitive rigidity, and interoception challenges—can contribute to or complicate eating disorders.
3. Identify systemic barriers and common shortcomings in current eating disorder treatments for autistic people.
4. Understand key elements of more effective, neurodiversity-affirming approaches to treatment.

Ellie Wilson

Ellie Wilson, AuSM Executive Director
Dec. 4, 2025