

2026

AuSM Summer Programs

Including AuSM's
Guide to Sensory-Friendly
Minnesota 2026





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An AuSM Update



Welcome to the Autism Society of Minnesota (AuSM) 2026 Summer Activities Guide.

This guide brings together the many ways AuSM supports the autism community throughout the summer months and beyond—offering programs, services, and resources designed to meet people where they are. Inside, you'll find information about summer camps, counseling services, advocacy efforts, community events, and free educational tools, all created with a neurodiversity-affirming approach informed by autistic voices.

Whether you are autistic, a family member, a professional, or an ally, this guide is meant to help you explore opportunities for connection, learning, play, and support. Some people come to AuSM looking for answers or guidance; others come seeking community or ways to give back. However you arrive, there is space for you here. Summer is a powerful time to build relationships, try new things, and reconnect with what brings joy and stability.

As you explore this guide, we also want to pause and share a story of gratitude. In October 2025, AuSM set a goal of raising \$500,000 by the end of the year to support individuals and families affected by autism across Minnesota. We are deeply grateful to share that we not only reached this goal but exceeded it.

This campaign was launched in response to unexpected and significant changes in the broader development landscape and reductions in local government funding that directly impacted nonprofit organizations. These shifts created financial uncertainty at a time when demand for AuSM's programs and services continued to grow. AuSM turned to the strength of our community to help ensure continuity, stability, and access for individuals and families who have relied on us for more than 50 years.

The response from our community was extraordinary. Families, self-advocates, friends, partners, and supporters across Minnesota stepped forward through crowd-sourced fundraising, peer-to-peer outreach, and end-of-year giving. Each gift, large or small, sent a clear message of belief in AuSM's mission and in the importance of sustaining compassionate, community-centered support.

AuSM also secured a multi-year grant dedicated to expanding mental health services—an investment that affirms the urgent need for accessible mental health care and the trust placed in AuSM to deliver it with care and expertise. Together, these efforts strengthened our foundation and allowed us to move into 2026 with renewed stability. They ensure access to mental health services and that individuals on the autism spectrum—and those who support them—continue to find understanding, resources, and connection through AuSM.

Most importantly, this moment reaffirmed something we have always known: You are AuSM's greatest strength. The programs and services in this guide exist because you believe autistic people deserve understanding, access, and support at every stage of life. Whether you are discovering AuSM for the first time or have been part of this community for years, we are grateful you are here—and we look forward to spending the summer learning, playing, and growing together.

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Thank You Premier Partners

Join these companies in making a difference in the lives of autistic individuals in Minnesota.

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If you are interested in becoming an AuSM Premier Partner, please contact Kelly Ulrick at 651.647.1083 or email kulrick@ausm.org, or visit ausm.org/premier-partners.

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Providing support for home-based care services in Minnesota for more than 25 years.

PICS is a subsidiary of Lutheran Social Service of Minnesota.



May 17, 2026
ROC at the St. Louis Park Rec Center

RESOURCE FAIR



COMMUNITY



www.ausm.org/sfa

FUN RUN



AuSM workshops are offered throughout the year and offer insight from experts on autism-related topics. You'll find information for family members, educators, professionals, and of course autistic individuals. All workshops are presented virtually (unless noted) and are available as a recording for one month after the event date.

Cost:
\$59.99 per workshop

Member Discount
\$49.99

Scholarship Discount
\$39.99

AuSM Workshops are sponsored by Premier Partner Best Care.

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Introducing AuSM's Workshop Bundles

In 2026, we're making it easier to access meaningful, neurodiversity-affirming education while saving money. Our new Workshop Bundles group four carefully selected workshops into themed learning paths designed for specific audiences and lived experiences.

2026 Workshop Bundles

Autistic Adults: Living, Thriving, and Unmasking

A curated series for autistic adults focused on identity, mental health, self-advocacy, and practical tools for everyday life — all grounded in lived experience and neurodiversity-affirming approaches.

Includes sessions: Autistic House to Home: A Guide to Affirming Home Space; Finding Yourself Beneath the Mask; Understanding the Medical and Biological Aspects of Autism; Rest, Stim, Repeat

Caregivers & Family: Supporting Without Losing Yourself

Workshops designed to help caregivers support autistic people with empathy and confidence, while also caring for themselves and avoiding burnout.

Includes sessions: Understanding the Medical and Biological Aspects of Autism; Supporting Autistic People with Higher Support Needs; Maximizing Your Disability Services in Minnesota; Autistic House to Home: A Guide to Affirming Home Space

Transition & Young Adulthood: Building Skills for What's Next

A focused learning path on independence, executive functioning, identity, and mental health during the transition into adulthood.

Includes sessions: Maximizing Your Disability Services in Minnesota; A Realist's Guide to Employment Supports; Finding Yourself Beneath the Mask; Just Talk to Me: Setting and Respecting Boundaries Within Relationships

Providers: Neurodiversity-Affirming Practice in Action

Practical, affirming workshops for professionals supporting autistic people with an emphasis on autonomy, communication, and quality of life.

Includes sessions: Understanding the Medical and Biological Aspects of Autism; Supporting Autistic People with Higher Support Needs; Finding Yourself Beneath the Mask; Rest, Stim, Repeat

Educators: Inclusive Classrooms, Real-World Tools

Actionable strategies educators can use immediately to create inclusive, supportive learning environments for autistic students.

Includes sessions: Understanding the Medical and Biological Aspects of Autism; Supporting Autistic People with Higher Support Needs; Making Gen Ed Work for More Kids with IEPs; Finding Yourself Beneath the Mask

Cost:
\$199.99 per bundle

Member Discount
159.99

Scholarship Discount
124.99

Understanding the Medical and Biological Aspects of Autism

March 19, 9-11:30 a.m.

This interdisciplinary learning session brings together clinicians and researchers from Children's Hospital Minnesota to offer a clear, evidence-based overview of the medical and biological aspects of autism. Designed for both professionals and individuals with a personal interest, the session will review accepted and emerging research on causes and genetic heritability, common co-occurring conditions, neurology, sleep, and relevant approaches to medical management. Grounded in respect and curiosity, the core purpose of the session is to address and reduce misinformation about autism—without judgment—by sharing what is known, what is still being studied, and how this knowledge can support informed understanding, care, and conversation.

Presented by Dr. Steven Smedshammer and Dr. Molly Sajady

Dr. Sajady is a board-certified pediatrician at Children's Minnesota in the department of Developmental & Behavioral Pediatrics. She received an undergraduate degree from the University of Minnesota in child development. She completed a dual degree program in both medicine and public health at Des Moines University, then returned to the University of Minnesota to complete her pediatric residency training and an additional subspecialty training fellowship in developmental-behavioral pediatrics. Dr. Sajady has a passion for caring for children with complex health care needs and is dedicated to promoting health outcomes through nature experiences.

Dr. Steven Smedshammer is a pediatrician with special interests in developmental and behavioral disorders, complex care, and advocacy for children with special needs. Originally from North Dakota, he attended medical school at the University of North Dakota School of Medicine and Health Sciences, completed his pediatric residency at the University of Minnesota, and completed a fellowship in leadership and education regarding neurodiversity and developmental disorders.

Autistic House to Home: A Guide to Affirming Home Space

May 7, 6:30-8:30 p.m.

For autistic people and those who support us, our homes are often where we are most able to customize and innovate the environment for access, enjoyment, and rest. How can we effectively and creatively design our home spaces to maximize our well-being? One of our community's greatest autistic integrators, Joyner Emerick, will share concepts and strategies for building an affirming home, offering tools for sensory accommodation, executive function support, routine, and regulation. This session will provide inspiration for autistic adults, children, and families, as well as providers supporting in-home services.

Presented by Joyner Emerick

Joyner Emerick is a dedicated education professional and community organizer focusing on the power of inclusive education as a mechanism for dismantling the school-prison nexus. Emerick is guided by the principles of the Disability Justice Movement and abolitionist teaching. Their commitment to cross-coalition work for liberation, including and especially the liberation of children, makes Emerick a compelling advocate for a more just educational future for all students.

Supporting Autistic People With Higher Support Needs:

Tools for Communication, Choice, and Quality of Life

June 11, 9 a.m.-12 p.m.

Autism is a spectrum, and autistic people have a wide range of support needs. Individuals with higher support needs may use limited or non-speaking forms of communication and may have difficulty understanding how their actions affect others. When appropriate supports are missing or mismatched, these challenges can lead to behaviors that do not effectively communicate needs, restrict autonomy, or limit opportunities for choice and participation. Participants will explore evidence-based tools and strategies, including visual supports, social narratives, and augmentative and alternative communication (AAC), that can strengthen communication, expand choice, and improve quality of life. In addition, the session will examine how ableism is often embedded within support systems and how lowered expectations can unintentionally limit autonomy and growth.

Presented by Dr. Barb Luskin

Dr. Luskin is a licensed psychologist who has worked closely with children and adults with ASD for more than 30 years in professional and home settings. She specializes in providing both assessments and counseling to individuals with ASD and those who support them.



Scan to register

Maximizing Your Disability Services in Minnesota: Person-Centered Planning and Creative Solutions **July 9, 9 a.m.-12 p.m.**

Join us for a workshop focused on empowering individuals with disabilities and their families in Minnesota through person-centered planning and innovative approaches. This session will guide participants on how to leverage available disability services effectively while fostering a personalized, strengths-based approach to support and services. Key topics include person-centered planning, creative solutions to everyday challenges, navigating the system, effective communication with service providers, and self-advocacy.

Presented by Jillian Nelson

Jillian Nelson is a queer autistic adult from Saint Paul and is the full-time Policy Director for AuSM. Jillian is passionate about disability justice and teaching others to advocate for themselves, as well as reforming existing systems through legislation and advocacy to create a more equitable and accessible society for people with all types of disabilities. Jillian is a 2023-24 Humphrey Policy Fellow. She is passionate about diversity and intersectionality – and how that unfolds in the mosaic experiences of people with disabilities.

Finding Yourself Beneath the Mask: Tools, Experiments and Everyday Strategies for Unmasking **August 6, 9 a.m.-12 p.m.**

Sponsored by
Looking Forward
Life Coaching



Masking refers to the ways many autistic people consciously or unconsciously try to blend in to meet expectations in a neurotypical world. While masking can be an important survival strategy, doing it long-term can affect mental health, energy, identity, and connection to self. This workshop offers a compassionate, nonjudgmental framework for understanding masking and why it develops, with context that is valuable for both autistic people and those who support them. Alongside tools for self-reflection and self-advocacy, the workshop includes clear guidance for providers, partners, family members, and other supporters on how to offer support without pressure, punishment, or judgment, and how to help create safer, more affirming environments.

Presented by Jillian Nelson and Zephyr James

Zephyr James is an autistic adult who worked at AuSM for over 10 years. In that time, they created dozens of resources focused on empowering autistic adults in meaningful and practical ways. Zephyr has completed the Partners in Policymaking disability advocacy program and was a Minnesota LEND Fellow.

A Realist's Guide to Employment Supports **September 10, 9-11:30 a.m.**

Sponsored by
Looking Forward
Life Coaching



While various employment policies and programs in Minnesota have experienced cuts and shifts, autistic and disabled adults will always continue to seek opportunity, security, and purpose through work. In this session, career autism specialist and AuSM board leader Abbie Wells-Herzog will help participants understand the lay of the land in 2026, clarifying updates and misinformation related to Minnesota's vocational rehab services and DHS employment services. Furthermore, Abbie will discuss strategies for attaining reasonable accommodations at work, offering a balanced approach to self-advocacy within employer policy and culture.

Presented by Abbie Wells-Herzog

Abbie Wells-Herzog is a former MN Vocational Rehab Counselor and Autism Specialist. She has spent all her working career supporting and advocating for people with disabilities, especially young adults. She is a mom of two fabulous autistic adult daughters and the only neurotypical in her family.

Making Gen Ed Work for More Kids with IEPs **October 8, 10 a.m.-1 p.m.**

We have more students struggling in general education than ever while supports for teachers are tighter than ever. How do we sustainably include more students with disabilities in general education? How do we do it in a way that benefits ALL students? Is there a way to plan lessons, respond to needs, and feel less overwhelmed? Yes! Let's talk about how to do this realistically.

Presented by Mash Makhlyagina

As a Ukrainian immigrant, an identified ESOL student, and an undiagnosed neurodivergent individual, Mash Makhlyagina found that the educational system was not well suited to their learning needs. Recognizing the need for more inclusive educational practices, they earned their Master's in Teaching and transitioned into a role as a Special Education teacher. Throughout their career, Mash has taught and provided coaching in both elementary and middle school settings, focusing on General and Special Education. They have had the privilege of working with neurodivergent students from over 40 different countries, ranging in age from 4 to 19. Their experience includes supporting high school students in alternative education settings who have been underserved by the traditional education system. It has been a deeply rewarding journey, one characterized by a commitment to love and learning.

Rest, Stim, Repeat: Strategies for Fighting Burnout **November 12, 9-11:30 a.m.**

This session is a practical and restorative training designed to help you create meaningful moments of recovery and authenticity — for yourself, your clients, or your loved ones. Through guided reflection and hands-on strategies, this session explores how rest, sensory engagement, and self-expression can reduce the effects of masking and burnout. Participants will leave with tools to recognize their sensory and emotional needs, support neurodivergent well-being, and foster environments where authenticity is sustainable — not exhausting.

Presented by Dayna Nelson

Dayna Nelson is Toneworks' Director of Clinical Services. Since earning her BA in Psychology with an emphasis on Family Social Sciences from the University of Minnesota – Twin Cities in 2016, Dayna has dedicated over a decade to working with individuals with developmental disabilities, Autism Spectrum Disorder, personality disorders, mobility and physical disabilities, and mental health challenges, as well as with homeless youth and adults. She has also pioneered several community-based programs for adults with disabilities, designed to foster inclusion, connection, and meaningful engagement.

Just Talk to Me: Setting and Respecting Boundaries Within Relationships **December 3, 9 a.m.-12 p.m.**

The foundations of relationships - things like mutual trust, kindness, and respect - can be more complicated than they sound. It can be difficult to know how to set boundaries and communicate your needs, and it can be just as difficult to understand the needs and boundaries of others. Finding balance can then add an extra layer of difficulty. This workshop will discuss the challenges of communication within various relationship structures (romantic, platonic, familial, and sexual), ways to express your needs, and understand the needs of others through a neurodivergent lens.

Presented by Kendrick Hogue and Mason Esposito

Kendrick Hogue is a licensed professional clinical counselor (LPCC) providing therapy at AuSM and a neurodivergent nerd who loves helping folks across the gender and sexuality spectrums get to know themselves more, practice self-acceptance, and thrive. He received his Bachelor of Arts Degree in Theology, Secondary Education, and Classics from St. Joseph's College of Maine, and his Master of Arts in Clinical Counseling from Southern New Hampshire University.

Mason Esposito earned their Bachelor of Arts in Psychology from Muhlenberg College in Allentown, PA and their Master of Arts in Counseling Psychology from the University of St Thomas in St Paul, MN. Mason is a neurodivergent clinician who is passionate about supporting other neurodivergent people, and has worked primarily with neurodivergent clients and their families. Mason loves working with LGBTQ teens and young adults, although they welcome all clients. They have experience as an LGBTQ sex educator at the college level and are passionate about sexuality and sexual health education for neurodivergent, disabled, and LGBTQ teens and young adults.



Scan to register

Executive Function, Reframed

Executive function is a set of mental skills that help us organize ourselves, manage time and energy, and move toward our goals. These skills include starting tasks, staying focused, switching between activities, remembering information, planning ahead, and noticing how things are going so we can adjust.

Executive function is not a measure of intelligence, effort, or worth. It is simply the way your brain coordinates action.

Why Executive Function Can Be Hard

For many autistic people and other neurodivergent individuals, executive function can be one of the biggest day-to-day challenges. This is not because of laziness or lack of motivation. It is because the world is largely designed around neurotypical brains, expectations, and timelines. Tasks that look simple from the outside may require significant emotional regulation, sensory tolerance, or mental energy on the inside. Here are some common challenges:

- Transitioning from one task, place, idea, or person to another
- Starting a project or task
- Staying focused
- Breaking a project into smaller tasks
- Knowing what order to do things in
- Keeping ideas or thoughts in your mind
- Keeping track of items, projects, and to dos

Struggling with executive function is not a personal failure. It is a signal that support is needed.

Why "Try Harder" Doesn't Work

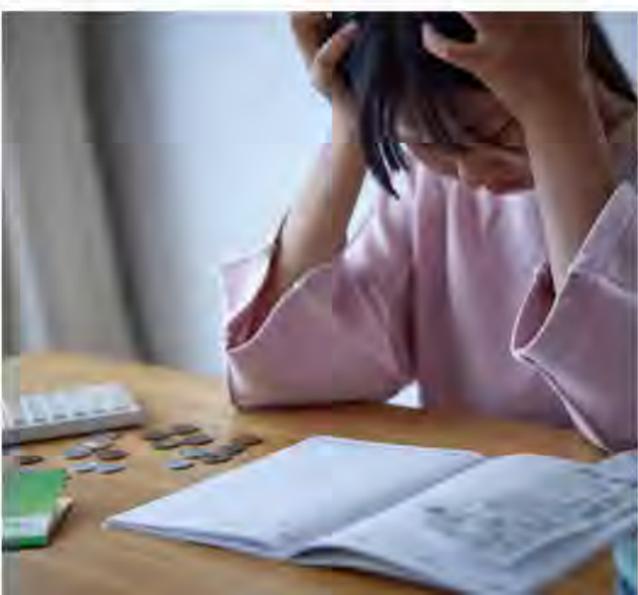
Traditional advice often treats executive function struggles as a discipline problem. The message is usually some version of "push through," "be more organized," or "just do it."

For neurodivergent brains, this approach often backfires. Increasing pressure tends to increase anxiety, shame, and burnout, which makes executive function harder, not easier. Willpower is unreliable when the underlying issue is access to support.

A Different Way Forward

A neurodiversity-affirming approach to executive function focuses on reducing barriers instead of increasing pressure. It recognizes that different brains work differently, and that support is a tool, not a reward.

This approach asks a different question. Instead of "Why can't I do this?" it asks: "What would make this easier?"



What Neurodiversity-Affirming Support Looks Like

Executive function support should fit your brain, not fight it. Here are some basic principles to help you approach your executive function in a more affirming way.



Work With Your Brain

Many approaches to executive function try to get everyone to work the same way. You may think you should be able to do things the way others do. Instead, focus on the ways your brain works naturally and introduce supports, accommodations, or modifications that help your unique needs. Recognize and accept your challenges so you can let yourself find effective strategies without the pressure to look or act like others.



Ditch the Shame and Guilt

Many neurodivergent people have lots of emotions tied up with their executive function. You may have been told you're lazy, unorganized, stupid, or messy. Remind yourself that your brain simply functions differently and you've been expected to live up to standards that don't work for you. Work on recognizing when you feel ashamed of yourself because you struggle with executive function and try emotion regulation strategies to let it go.



Prioritize YOUR Goals

Take some time to ask yourself what executive function tasks and skills are actually important to you. Think about what will contribute to your life. Sometimes people internalize the expectations of the world around them: you need to eat a cooked meal every night or you must make your bed every morning and if you don't do these things you are not acting like an adult. Some of these expectations may not truly be helping you live the life you want. Ask yourself which tasks you really need to do and which ones are only because of others' expectations.



Good Enough is Perfect

It's easy to get hung up on trying to do things absolutely perfectly. You may expect yourself to complete a full task in one sitting or get it exactly right the first time. Remember that making any progress is better than making no progress. If it's worth doing, it's worth doing part way, in pieces, and while learning. Many neurodivergent people work iteratively, meaning we do things once, take a break, then come back and improve on it. We repeat this until we're satisfied. You can always return to a project and make it better. For now good enough is perfect.



Environment Is a Support Tool

Your surroundings matter. Lighting, noise, comfort, clutter, and accessibility all affect executive function. Adjusting your environment is not giving up. It is acknowledging that environments shape behavior. When your space supports your needs, tasks feel lighter and more doable.



Focus on Sustainability

It's incredibly common for neurodivergent people to try lots of ways to improve their executive function, but find that none of them stick. When using this guide, prioritize things you think you can actually do and things you can continue to do for a long time. That also means picking strategies that don't sap too much of your energy and time.



Choice and Consent Matter

There is no single right way to organize, plan, focus, or complete tasks. You get to choose which work for you and which ones do not. Executive function support should increase autonomy, not take it away.



Externalize the Work

Many executive function skills work better when they live outside your head. Writing things down, using visual reminders, timers, routines, or checklists reduces cognitive load and frees up mental energy. Using external supports is not cheating. It is good design. If your brain does not reliably hold information, it deserves tools that do.



Check out more executive function resources

Autism Support Certification

Want to provide better support for autistic people—and feel confident doing it? AuSM’s Autism Direct Support Certification program is a deep-dive training series designed for direct care professionals, but open to anyone ready to truly understand autism and put that understanding into action.

Over the course of three engaging sessions, you’ll move beyond the basics to build a richer, more nuanced understanding of autism—including how it impacts communication, relationships, sensory processing, and daily life. You’ll learn how to adapt your support strategies to meet individual needs, advocate effectively, and help autistic people thrive on their own terms.

This is not a one-size-fits-all training. You’ll explore real-world challenges and gain tools you can apply right away—grounded in evidence-based practices and a neurodiversity-affirming mindset.

Training Objectives

- Understand Autism Spectrum Disorder and how autism can affect communication, relationships, and behavior.
- Explore the social issues impacting the autism community and how you can help autistic people thrive.
- Apply evidence-based practices to support autistic people experiencing challenges

Dates: Fridays, July 17, 24, 31, 9:30 a.m.-12:30 p.m.

Cost: \$299 per participant

Location: Held virtually



Understanding Autism

Understanding Autism is AuSM’s introductory class. You’ll learn all about the diagnosis, common characteristics, and some basic evidence-based best practices to support autistic individuals and sensory processing sensitivities. This class is ideal for caregivers, parents, grandparents, group home and day program staff, Personal Care Attendants, and health care staff.

Note: this is a single-session class. Content is the same for all sessions.

Location: Held Virtually

All sessions are free



2026 Understanding Autism classes are sponsored by AuSM Premier Partner Best Care

Day/Date	Time
Monday, Mar. 9	6-7 p.m.
Monday, Apr. 13	10-11 a.m.
Monday, May 11	12-1 p.m.
Monday, June 8	6-7 p.m.
Monday, July 13	10-11 a.m.
Monday, Aug. 10	12-1 p.m.



Scan to register for Understanding Autism



www.MICC.org
(612) 869-4008

SUMMER PROGRAM AT MICC!

Explore independence and the joy of neurodivergent community with a week-long program for teens and young adults.

- Practice **independent living** and daily routines
- Build **social confidence** through shared activities
- Learn **self-advocacy** and decision-making skills
- Have **fun** with peers who get you



Scan to learn more and apply!
See yourself at MICC!



Training

By learning more about autism and neurodiversity, you are taking proactive steps toward acceptance and inclusion. AuSM will provide you with strategies to help you understand the needs of people affected by autism, allowing you to offer a positive, supportive environment for the fastest growing disability population in the United States.



Custom Training

AuSM’s team of education specialists provide you with customized trainings that offer strategies to help make your environment positive, inclusive, and supportive for neurodiverse individuals. Common topics include:

- Accessibility and Inclusion
- Autism 101
- Diversity, Equity and Inclusion in the Workplace
- Sensory-Friendly Environments and Events
- Understanding Behavior and Positive Supports

Consulting

AuSM offers a range of consulting services through our partnerships. Our services include, but are not limited to:

- Customized staff trainings
- Sensory-friendly inventory of spaces
- Customized social narratives and visual tools
- Sensory-friendly guide listings
- Event listings on AuSM’s Community Calendar
- Sensory kits and tools
- Guidance for inclusive spaces and resources



education@ausm.org



www.ausm.org



651.647.1083

Minnesota Virtual Autism Conference

April 15-16, 2026

Virtual



For more than 30 years, the Minnesota Autism Conference has brought autistic people, families, and professionals together for learning and connection. In 2026, the conference will be held virtually over two half days, making it more affordable and accessible for our community.

This shift reduces barriers like travel, lodging, and time away from work or caregiving, while keeping the focus on high-quality, community-centered learning shaped by autistic voices. We anticipate returning to an in-person format in 2027.

What to Expect

- Two virtual half days of live programming
- Two keynote speakers
- Eight breakout sessions
- Access to session recordings for one month after the event

Keynote Speakers



Maria Davis-Pierre

Breaking Barriers: Ending Bias in Autism Diagnosis



Erin Farrell

Supporting Students to Find Autistic Joy Through Evidence-Based Practice

Registration Details

Registration includes access to all live sessions plus recordings available for one month.

- Standard registration: \$149.99
- AuSM member rate: \$99.99
- Scholarship rate: \$74.99

High-quality autism learning, made more accessible for our community.



Scan to register

INCLUSION SERVICES



Support your child's summer fun with Inclusion Services!

Reach's Inclusion Services help kids and adults fully participate in their city's programs.

We partner with local parks and recreation departments to provide individualized support so children can join camps, sports, and activities alongside their peers—building confidence, independence, and a great summer experience.



Learn More

Scan the QR code or visit reachforresources.org/inclusion



SOCIAL SKILLS THERAPEUTIC RECREATION

Helping Kids Fit In & Shine

At **West Metro Learning Center**, children and teens refine their understanding of age-appropriate social skills and community activities in a supportive environment. Small-sized classes are designed to help enhance each child's ability to adapt to different settings, develop meaningful relationships, and practice those abilities with peers. Community activities provide the opportunity to use the skills learned in class out in the real world and have fun too! Staffing ratio is 1:3, giving each child the best chance to succeed.



Check out our variety of options for fun and learning!

Social Skills Classes ages 7-19

- Three sessions per year – Fall, Winter, Spring
- Saturday class and activity each week, approximately eight weeks per session

Summer Day Camp ages 7-19

- June, July, August – Monday-Thursday class and activities
- Register for a few days or all summer!

Friday Excellent Adventures ages 7-19

- Fridays through June, July, August
- Outings only, designed to carry learning over from classes
- Register for a few Fridays or all summer!

Connections Crew ages 18 and up

- Social group outings each Thursday throughout the year, for those out of high school looking for a peer group to share activities.



WEST METRO
LEARNING CENTER

Developing Social Understanding & Skills

Contact us for registration and questions
612-217-1461 info@socialskills-mn.com
www.socialskills-mn.com
8877 Aztec Drive, Eden Prairie, MN 55347

Check with your county case manager as your classes may be partially covered.





[aasm.org/Support Groups](https://aasm.org/SupportGroups)

Coffee Club

Coffee Club is a space where autistic and neurodivergent adults can connect with each other, foster friendships, and build community while enjoying a favorite beverage and/or snack. Adults are welcome to bring items that make them feel comfortable, stay as long as they'd like, stim, and parallel play. While it's free to participate in AuSM Coffee Club, we ask that participants purchase something from our venue.

Dogwood Coffee, 2700 University Ave W, Suite 100, St. Paul, MN 55114

Tuesdays, 3-5 p.m.

- March 10
- May 12
- June 9
- July 14
- August 11
- September 8
- October 13
- November 10
- December 8



aasm.org/CoffeeClub

AuSM Coffee Club is free thanks to the generous sponsorship of AuSM Premier Partner Best Care.



Summer Camps

AuSM Summer Camps are tailored for autistic children, youth, and adults. Parents and caregivers can rest assured knowing that their campers are being cared for by highly trained staff, while campers experience success, meet peers, and make memories.

The lottery to apply for a space at AuSM Summer Camp closed on Feb. 14. You may still submit an application, but all applications after this date will automatically be placed on a waitlist until a space becomes available.



Paying for Camp

Many camp families use waivers to pay for camp. There have been numerous changes regarding waiver unbundling through DHS. Please check in with your FMS provider and check out our website to view the resource AuSM has created on how to get camp approved for waiver funds.

aasm.org/SummerCamp



Camp Discovery

(small group support)

- Session 1: June 22-26, ages 13-17
- Session 2: July 20-24, ages 18+

Camp Hand in Hand

(1 to 1 support)

- Session 1: June 30-July 4, ages 18-25
- Session 2: July 6-10, ages 16-17
- Session 3: August 9-13, ages 13-15
- Session 4: August 15-19, ages 26+

\$1999 per session

Support Groups

Autistic Women's Support Group

First Thursday of the month from 6:30 p.m. - 8 p.m.
Mar. 6, Apr. 3, May 1, June 5, July 3, Aug. 7, Sep. 4, Oct. 1, Nov. 5, and Dec. 3, 2026

Autistic and LGBTQIA+ Support Group

Second Thursday of the month from 6:30 p.m. - 8 p.m.
Mar. 13, Apr. 10, May 8, June 12, July 10, Aug. 14, Sep. 10, and Oct. 8, 2026

Family Members of Autistic Adults Support Group

Third Thursday of the month from 6:30 p.m. - 8 p.m.
Jan. 16, Feb. 20, Mar. 20, May 28, June 25, July 23, Aug. 27, and Sep. 24, 2026

BIPOC Parents of Children with Autism Support Group

Third Thursday of the month from 12 p.m. - 1 p.m.
Jan. 16, Feb. 20, Mar. 20, May 21, and June 18, 2026

Autistic Adult Support Group

Fourth Thursday of the month from 6:30 p.m. - 8 p.m.
Mar. 19, May 21, June 18, July 16, Aug. 20, Sep. 17, Oct. 15, and Nov. 19, 2026



AuSM Support Groups are free thanks to the generous sponsorship of AuSM Premier Partner Best Care.

Hot Takes & Hyperfocus: A Community PowerPoint Party

As a thanks to our community for helping AuSM meet our 2025 fundraising goal, we're inviting you to something a little different—and a lot of fun. You're invited to our first ever Powerpoint Party.

Join AuSM for an afternoon of connection, laughter, and low-pressure creativity. Participants are invited to prepare a 5-minute PowerPoint presentation on a topic of their choice. This is your chance to share your special interest, uninterrupted. Childhood snacks. Niche interests. Pop culture deep dives. Unapologetic hot takes.

Of course, presenting is completely optional. If public speaking isn't your thing, you're more than welcome to come as an audience member and enjoy the show.

This event is designed for autistic individuals and community supporters. You'll find a relaxed, affirming atmosphere where we encourage enthusiasm and only expect you to have fun: perfection not required.



aasm.org/PowerPoint



Details

Saturday, March 28, 1-3 p.m.
Queermunity
3036 Hennepin Ave,
Minneapolis, MN 55408

Food and beverage available for purchase from the on-site cafe. Street and metered parking are available. Metro transit options available nearby.

\$20 per person



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lookingforwardlc.com

Work At AuSM Camps!

It takes a lot of staff to make camp happen. Every summer, we hire more than 100 people to work at AuSM camps. Here's what we're looking for:

- Camp Counselors and Cabin Leaders.
- Autism direct support professionals, personal care providers, students, and educators who are dedicated to making summer camp accessible for everyone.
- Two nurses (RN, NP, PA, or MD required) per session.
- Hiring preference will be given to qualified applicants who can work multiple camp sessions.

www.ausm.org/camps/work-at-camp



Expanding Access to Adaptive Swim Programs

AuSM partners with V3 Sports Center in North Minneapolis

What began with a shared Minnesota Public Radio conversation about water safety has grown into a meaningful partnership between AuSM and V3 Sports Center in North Minneapolis — a vibrant community hub with accessible swimming facilities and a mission rooted in whole-community wellness. V3’s work goes beyond fitness, creating space for people of all ages and abilities to move, connect, and thrive together.

With support from the Minnesota Department of Human Services, AuSM has been investing in deeper collaboration to better serve BIPOC families with autistic children. As part of this effort, AuSM reconnected with V3 following new 2025 legislation that allows disability waivers to reimburse life-saving water safety instruction. Through these conversations, AuSM learned that V3 had already been prioritizing accessibility, including completing formal adaptive swim instruction training through Swim Angelfish, a nationally recognized organization specializing in water safety for people with developmental, intellectual, and physical disabilities.

In November 2025, AuSM and V3 co-hosted their first-ever Swimposium — an open-house event that brought families, trained instructors, and community partners together around water safety. Families enjoyed supported swim time while connecting with organizations offering culturally responsive resources and guidance. Nearly 50 families attended, predominantly from communities of color, with 68 youth swimmers participating. Thanks to generous support from V3 partners, every attending family received a free adaptive swim lesson in 2026.

Building on that momentum, AuSM and V3 are expanding their partnership with a series of 2026 spring opportunities designed to support families both in and out of the pool:

- In February, Families are invited to a parent workshop focused on safety considerations for children with disabilities, hosted in partnership with Children’s Hospital.
- In March, the series will feature a presentation by Maria Davis-Pierre, CEO and Founder of Autism in Black, centered on identity-affirming support for Black autistic children and their families.
- In April, families will return to the pool for introductory water safety lessons paired with sensory-informed resources and support.

Looking ahead, AuSM and V3 plan to continue offering family-focused programming that centers on water safety, sensory processing, and community connection — with future opportunities for youth, caregivers, and intergenerational participation. To learn more about upcoming events and resources for BIPOC families, visit AuSM’s Pathways for BIPOC Families page.

The Black Side of Autism

Presented by Maria Davis-Pierre

Date: March 19, 7 p.m.

Location: V3 Sports Center

701 Plymouth Ave. N

Minneapolis, MN 55411



Scan to view more events and resources for BIPOC families



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AuSM's 2026 Policy Agenda

As we head into 2026, the AuSM Advocacy Committee has been hard at work setting our priorities for the upcoming legislative session. Here is the agenda for our work this year:

Protect Medicaid

This legislative session will focus on ensuring that Minnesota is able to provide stable and consistent services despite federal cuts to these vital programs.

Classroom Safety

Add clarifying language to existing statute to ensure children with disabilities are protected and have safety plans for all types of crisis in the educational setting.

Autism Insurance Expansion

Expand therapy types covered by private insurance as well as remove age cap to include adult coverage.

Dynamic Fiscal Notes

Lead advocate driven legislation to allow MN to look at both cost of new programs as well as potential savings for legislative budgeting.

AAC Insurance Mandate

Require private insurance to have coverage for Assisted and Augmentative communication devices.

Waiver Reimagine Budget Protection

With unclear changes coming to waiver systems this law will prevent new budgeting methodology from reducing waiver budgets by more than 10%. A greater reduction would force individuals and families to fundamentally alter the way in which individuals receive services.

Sensory-Friendly Event Requirements

Require all events with a license and over 1000 attendees to provide sensory friendly accommodations.

Wage Equity in Minnesota

In 2023, Minnesota passed legislation making historic investments in the move to pay people with disabilities the minimum wage or higher, increasing customized and integrated employment for that population. We continue to advocate for a guaranteed minimum wage for people with disabilities.

Public policy involvement with AuSM is open to anyone passionate about making legislative systems more responsive and equitable. If you want to help shape policy, contact legislators, or support advocacy events and campaigns, there are ways to contribute that fit your interests and time.



Scan to get involved

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Consumer Directions provides Financial Management Services (FMS) that empower individuals needing personal assistance or support in their home and who want to self-direct their services. We support individuals and families caring for a loved one who desire enhanced choice and control over decision and budget-making authority, want to select and hire their support workers, and want the flexibility and responsibility to direct their own services and supports.

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Self-Direction Connection Conference

connect grow learn

10.22.2026

harrymeyercenter.org/home/selfdirection



Support and Resources

Information and Resources

Autism can be complicated, and finding the right resources can feel overwhelming. AuSM offers free help to individuals and families in the autism community. We're here to give simple, practical advice to help you understand your options, navigate systems, and find the services and support that work best for you. Our Information and Resources team understands what you're going through and is ready to listen, talk through your needs, and connect you with programs, therapists, and other helpful supports.

We can help with:

- Recommendations on testing and obtaining a diagnosis
- County service guidance; advice on first steps
- Locating providers for different types of therapies
- Autism-related questions that are not clinical
- Recommendations of general employment services
- Resources regarding social and support opportunities
- Recommendations of tools and adaptive tech
- Book and media recommendations
- Information about disability rights and laws
- And more, ask us!

📞 651.647.1083 (call) 📱 651.321.2909 (text) ✉ info@ausm.org

 ausm.org/ausm-resources/information-and-resources

Therapy

The Autism Society of Minnesota's highly trained therapists support autistic youth and adults in understanding their diagnosis and navigating life in ways that honor their unique experiences. Our therapists provide affirming, individualized strategies that address both challenges and strengths in a safe, compassionate, and respectful environment. AuSM's LGBTQIA-friendly clinic takes a neurodiversity-affirming approach to care, with many neurodivergent therapists on staff and leadership in adult and gender-affirming mental health services. Our clinicians offer a range of therapeutic approaches, including EMDR, ACT, and CBT.

Contact us at autismcounseling@ausm.org to set up an appointment.

AuSM is a Neurodiversity-Affirming Clinic

Counseling Services:

- Individual therapy
- Marriage, couples, and family therapy
- Psychoeducation
- Second opinions on autism evaluations
- Trauma therapy

AuSM's services are outpatient only. If you require a higher level of support, we may refer you to another provider.



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- AuDHD
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Discover your child's strengths, needs, and a better path forward



SENSORY FRIENDLY SUNDAY

Second Sunday of Every Month

8-11 AM Free



Learn more at walkerart.org/sfs



ausm.org/therapy

The sensory-friendly listings in this guide highlight organizations that regularly offer sensory-aware spaces, programs, or supports, rather than one-time events. These listings are shared by community partners and are intended to help families and individuals find places that are mindful of sensory needs throughout the year. Details may change, and some organizations may require advance registration, have limited capacity, or adjust offerings seasonally. We encourage you to visit the websites provided before attending for the most up-to-date information. Inclusion in this guide does not imply endorsement by the Autism Society of Minnesota.

Alight Behavioral Therapy
Owatonna

Website: alightaba.com
At Alight Behavioral, inclusion is at the heart of everything we do. We intentionally create a welcoming, sensory-aware environment that respects and celebrates neurodiversity. Our spaces, programs, and teaching strategies are thoughtfully designed to support individuals with autism and other sensory-processing differences, recognizing that every learner experiences the world uniquely. By prioritizing flexibility, predictability, and individualized support, we empower clients to feel safe, understood, and confident.



Art, Heart and Hoofbeats - Equine Rescue and Sanctuary
Chaska

Website: www.arteartandhoofbeats.org
Art, Heart & Hoofbeats Sanctuary is intentionally designed to be a calm, welcoming, and sensory-friendly environment where individuals with autism and other sensory-processing differences can participate fully, comfortably, and safely. Grounded in trauma-informed, neurodiversity-affirming practices, AHHS offers a nature-based setting with predictable routines, gentle transitions, and choice-based activities that support regulation and autonomy. Participants are invited to engage with art, animals, movement, or rest at their own pace, with access to low-stimulation spaces, sensory supports, and adaptive tools. Our non-riding, ground-based horse interactions emphasize safety, co-regulation, and respect for boundaries, while inclusive art practices offer multiple ways to create and connect. Inclusion is not an add-on at AHHS—it is central to our mission and reflected in every aspect of how we create space for belonging, regulation, and joy.



Autism Resource Guide
Rochester

Website: www.autismresource.guide
Our mission is to provide an accessible connection between families and resources within our community to serve the best interests of those on the spectrum. We do so primarily through guidebooks, education, and events.



ausm.org/events

Bell Museum
Saint Paul

Website: www.bellmuseum.umn.edu
The Bell Museum is fully committed to creating an inclusive environment. Visitors are welcome to check out additional resources like our quiet spaces, visual timers, weighted lap pads, and hearing protection if it helps makes the visit more enjoyable. Visitors can also download our Social Narrative on our website to prepare for their visit. Visitors can also attend Sensory Friendly Saturdays, a monthly series at the museum that provides a welcoming and accessible environment for individuals, families, and children who have sensory sensitivities. Attendees can experience Minnesota Journeys gallery, temporary exhibits, the Touch & See Lab, and a brief planetarium show—all with lowered lighting, quieter sounds, and fewer visitors.

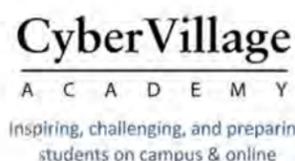
Clownfish Swim Club
Woodbury

Website: clownfishswimclub.com
Clownfish Swim Club creates an inclusive, welcoming atmosphere for swimmers with autism, Down Syndrome and sensory-processing difficulties by following its mission to provide a supportive swim-team environment for children and young adults with disabilities. The organization offers the adaptations, patience, and structure these swimmers need, including quieter pre-team sessions, motivation and encouragement during the practices, and a focus on steady skill development. Swimming itself can help with sensory regulation, confidence, and social connection, and Clownfish makes these benefits accessible in ways typical programs often do not.



Cyber Village Academy
Minneapolis

Website: www.cybervillageacademy.org
We are a K-12 charter school that provides high level support to students with autism and other sensory needs. We have a full Special Education Department, offer robust 504 plans based on need and have ADSIS services to support students. In addition, we have a Green Room, which is a space that all students have access to. This is an area for students to take breaks and regulate, so they are able to return to the learning space.



Family Achievement Center
Woodbury and Bloomington

Website: familyachievement.com
Family Achievement Center is a pediatric occupational, physical, and speech therapy clinic in Woodbury & Bloomington, MN. We have been servicing the Twin Cities since 2001 with a mission to provide hope and improve lives. Other than our occupational, physical and speech therapy services, we also offer many inclusive and sensory friendly events throughout the year. These events include a sensory friendly Trick-or-Treat, sensory friendly Winter Wonderland/Sensory Santa, and Move to Your Own Groove, an all abilities run, walk and roll event annually in September. Our website and social media includes all of our events.



Family Achievement Foundation
Woodbury

Website: familyachievementfoundation.org
Family Achievement Foundation is a 501c3 nonprofit with a mission to provide love, connections and resources to families on a challenging journey. We offer monthly education events on Zoom and in-person family meetups. We also offer an annual parent/caregiver retreat in April.



Franklin Center

Woodbury

Website: franklinmn.org

As a community for individuals with autism and related neurodiversities, Franklin Center's facility features indirect and dimmable lighting, a sensory gym and break spaces, flexible seating options, fidgets, and noise-cancelling headphones in every classroom. We utilize a variety of visual reinforcements throughout the building, and incorporate movement breaks throughout the day to help participants stay regulated. Additionally, we are a fragrance-free facility. At Franklin Center, our holistic approach includes a full range of services including a K-12 Academy, a Therapy clinic, Capstone adult programming, and a summer Camp.



Gammelgården Museum

Scandia

Website: gammelgardenmuseum.org

Gammelgården Museum offers several sensory-friendly supports to help make visits more comfortable and predictable for individuals with autism and other sensory-processing differences. Visitors can access a social narrative that explains what to expect during a visit, along with sensory kits that include adult- and child-sized headphones, fidgets, marble mazes, and aromatherapy scents, plus individual fidgets available for checkout. Wednesdays, Thursdays, and Sundays are typically quieter, and the Välkommen Hus is accessible for visitors using mobility devices.



iCraft Stories

Website: icraftstories.com

iCraftStories is an AI-powered platform that helps families, educators, SLPs, and OTs quickly create personalized Social Stories for autistic and neurodivergent children. Designed by parents and shaped by therapists, the platform provides sensory-friendly visuals, predictable story structure, optional narration, and customizable content that supports emotional regulation, smoother transitions, and everyday learning. iCraftStories promotes inclusion by allowing each story to reflect the child's unique sensory needs, communication style, and environment, creating calm, clear, and accessible stories that help reduce anxiety and build confidence at home, school, and in the community.



Minnesota History Center

St. Paul

Website: www.mnhs.org/historycenter

The Minnesota Historical Society creates an atmosphere of inclusivity through offering events outside of regular hours with adjusted sound levels, information about experiences, lighting adjustments, and staff trained in the additional considerations of working with families of and those with neurodiverse considerations such as autism. In addition, there is a social story available on the Minnesota History Center website, and staff has received training on autism to better understand and assist with the challenges and opportunities that may arise during a visit.



Minnetonka Fire Department

Minnetonka

Website: www.minnetonkamn.gov

Minnetonka Fire offers a Sensory Friendly open house every spring and this year it is on April 18 from 10-1. This event is specially designed to meet the needs of those with Autism and other sensory disorders. We recognize that large and loud events can be difficult or even impossible for this demographic to attend. By hosting this event at the fire station with no lights and sirens we hope to encourage attendance of those with Autism and other sensory disorders who may not come to our larger open house in the fall. We will also be offering a sensory room for those who are in need of a calm and quiet environment.



Mr. Blake's Swim Academy

Minnetonka

Website: mr-blake.com

Mr. Blake's Swim Academy creates a calm, sensory-aware swimming environment designed around the needs of swimmers with autism and sensory-processing differences. Lessons follow predictable routines with consistent coaches, gentle pacing, and flexible communication methods such as visuals, modeling, and clear step-by-step language. The pool environment is intentionally low-stimulation, and instructors respond to individual cues by adapting activities, offering regulation supports, and honoring breaks when needed. Progress is personalized and measured by comfort, confidence, and trust as much as skill development, while families are welcomed as partners and treated with respect.



My Autistic Therapist

Virtual

Website: www.myautistictherapist.com

My Autistic Therapist offers one on one psychotherapy exclusively for Autistic Adults and is Autistic-Centered which means that all interventions and services are founded on neurodiversity-affirming principles. My Autistic Therapist also offers a twice monthly support group for Late-Discovered/Diagnosed Autistic Adults.



New Brighton Parks and Recreation

New Brighton

Website: www.newbrightonmn.gov/297/Parks-Recreation

New Brighton Parks & Recreation is committed to creating inclusive, accessible opportunities for individuals of all ages and abilities, including those with autism and sensory-processing differences. Through thoughtfully designed programs and strong community partnerships, they offer sensory-friendly events at the Eagles Nest Indoor Playground, an adaptive bowling program for teens and adults, and sensory-inclusive facilities supported by their partnership with KultureCity.



Reach for Resources

Minnetonka

Website: www.reachforresources.org

Reach for Resources centers inclusion in all its work, empowering people of all abilities to reach their full potential through individualized, flexible, and sensory-aware supports. Across programs such as adaptive recreation, therapy, employment, independent living, and mental health services, the organization creates accessible experiences with predictable routines and trained inclusion staff who provide tailored strategies and supports. Through ongoing staff training, community partnerships, advocacy for accessible policies, financial assistance, and an inclusive workforce, Reach for Resources works to build spaces where individuals with autism and sensory-processing differences experience not just participation, but true belonging.



View our events calendar

Roots and Wings Therapeutic Services



Maple Grove

Website: www.rootsandwingsmn.com

Roots and Wings offers camps that are inclusive, therapeutic, curiosity-driven, and nature-based. Our camps support exploration and access to the outdoors in various ways for mindfulness, fun, and reaping the therapeutic benefits of nature. Our camps are spaces for people to connect with their true selves, connect with peers in their own way, and connect with nature (sometimes including therapy animals). Our camps are designed and facilitated by an occupational therapist and supported by a combination of more OTs, OT students, volunteers, and supportive staff.

See Me Neurodiverse



Savage

Website: www.seemeneurodiverse.org

See Me Neurodiverse is committed to offering a wide range of programs and projects to support neurodiverse families. We provide resources, organize family meetups, host peer support meetings, and organize an annual neurodiverse community fest. Our dedicated team works tirelessly to ensure that neurodiverse families receive the support and understanding they deserve.

SENSE-ational Spaces



Blaine

Website: www.sensationalspaces.com

Here at SENSE-ational Spaces, we use our occupational therapy lens to support individuals with disabilities and their families by promoting education and environmental modification. Through in-depth sensorimotor history, caregiver interviews, and environment assessments, we offer a unique solution bringing custom sensory-friendly spaces directly to families and our local community. SENSE-ational Spaces increases access for clients through diverse service offerings with 3 space packages, continuing education, and research driven PDFs to support families where it matters most!

Snip Chick Barber



Eagan

Website: snipchickbarber.glossgenius.com

Snip Chick Barber is a safe space barber studio where Jess thoughtfully cuts with precision, consistency & flair—feel seen, heard, and valued in this private space. Her studio was created for those who are neurodiverse, disabled, or part of communities that prefer a safe space. Clients return for the calming presence, amazing cuts, and genuine thoughtfulness—others are inspired as they watch her 5-star reviews grow.

Twin Cities Autism Foundation



Champlin

Website: tcautism.com

We host several events each year, called Matty's Puzzle Pack HANGOUTS. MPP HANGOUTS are personal gatherings where both the individual with special needs AND the caregivers can connect, meet friends, share struggles, celebrate milestones and be surrounded by love. Occasionally, MPP HANGOUTS are held in an environment that is sensory-friendly, free of loud noises, flashing lights, etc. Always, MPP HANGOUTS offer an inclusive event where both the individual with special needs AND the caregiver can connect.



View our events calendar

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2026 EVENTS



Minnesota Autism Conference - April 15-16, 2026

For 31 years, the Minnesota Autism Conference has brought caregivers, educators, service providers, therapists, autistic adults, and families together for deep learning and community connection. This year, we're adapting for long-term sustainability by shifting to a virtual two-day format—making high-quality autism education more accessible for all.

Location: Held virtually



Steps for Autism in Minnesota - May 17, 2026

Steps for Autism in Minnesota is not a traditional charitable walk: it's all about supporting our community and connecting people with services, supports, and each other. The centerpiece of this event is a huge autism resource fair.

Location: ROC at the St. Louis Park Rec Center



Jigsaw Puzzle Competition - October 3, 2026

The 9th annual AuSM Jigsaw Puzzle Competition gives teams of up to four, located anywhere in the U.S., the opportunity to put their jigsaw puzzling passion to the test by competing for the fastest puzzle completion time.

Location: Mall of America Huntington Bank Rotunda with virtual options



Autistic Community Summit - November 7, 2026

Created and curated by people with autism and for people with autism, the purpose of the Autistic Community Summit is to provide a space for community building and sharing the knowledge and perspectives of Minnesota's autistic community.

Location: TBD

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AuSM Membership

Whether you are a family with a child who is newly diagnosed, an adult on the spectrum, an educator who serves individuals with autism, or a business that wants to learn how to better serve customers with autism, AuSM provides you with the resources and services you need to help you accomplish your goals. Your AuSM membership helps you find the most comfortable way to participate and grow.

- Member-only rates on classes and the annual Minnesota Autism Conference
- AuSM Summer Camp eligibility
- \$20 off any AuSM workshop or class
- AuSM Connections, twice per month e-mail newsletter
- Advocacy updates and alerts

Member Rates

Autistic Individual: \$20
(membership for a single autistic adult)

Individual: \$40
(membership for a single adult)

Household: \$60
(everyone living at a single address)

Non-Profit: \$150
(includes memberships for employees)

Corporation: \$350
(includes memberships for employees)

**Visit www.ausm.org or call
651.647.1083 to become an
AuSM Member today!**