



Camp Hand in Hand Packing List + Inventory List



This is a suggest packing list for camp. Please label ALL items sent to camp, including clothes worn on arrival. Pack this list with your camper's luggage.

Camper's Name: _____

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|--|-------|--|-------|
| • Bedding (Twin XL) or Sleeping bag | _____ | • 1 sunscreen | _____ |
| • Additional blankets if necessary | _____ | • 1 baby oil gel | _____ |
| • 6-7 T-shirts <small>(campers will also receive a camp t-shirt)</small> | _____ | • 1 bug spray <small>(Swimmer's itch preventative)</small> | _____ |
| • 1-2 Sweatshirts | _____ | • 1 water bottle | _____ |
| • 2+ Bras | _____ | • 1 hat | _____ |
| • 7+ underwear <small>(Send extras for incontinence/accidents)</small> | _____ | • 1 pair of sunglasses | _____ |
| • Bathroom / Diaper wipes | _____ | • Medications | _____ |
| • 8-10 pairs of socks | _____ | • Tampons/pads* <small>(if camper sleeps with one at home)</small> | _____ |
| • 2 sets of pajamas | _____ | • Weighted blanket | _____ |
| • 2+ jeans/ pants <small>(required for horseback riding)</small> | _____ | • Power strip for devices | _____ |
| • 5+ shorts | _____ | • 1 deodorant | _____ |
| • 1 hooded rain jacket | _____ | • 1 shampoo | _____ |
| • 1-2 airs of sneakers or hiking boots | _____ | • 0-1 conditioner | _____ |
| • 0-1 sandals/swim shoes | _____ | • 1 liquid soap/shower gel | _____ |
| • Plastic sheet <small>(if bedwetting is an issue)</small> | _____ | • Shaving supplies* | _____ |
| • 1+ pillow in pillowcase | _____ | • 1 toothbrush | _____ |
| • 1-2 laundry bags | _____ | • 1 toothpaste | _____ |
| • 2 shower towels | _____ | • 0-1 dental floss | _____ |
| • 2 beach towels | _____ | • 0-1 nightlight | _____ |
| • 1-2 swimsuits | _____ | • Sound machine* | _____ |
| • 0-1 swim goggles | _____ | • 1 comb/brush | _____ |
| | | • Talent show props | _____ |

*(Not applicable)

Canteen Money will be collected during drop off train. Please do not pack it in your camper's luggage, as we will check in with you about money and what preferences to shop for are.

If bedwetting is an issue for your camper, please send extra diapers, wipes, extra underwear, plastic sheet, extra pajamas, and extra sets of bedding/sleeping bag for the week. This helps us with the long duration of doing laundry!

Please list any electronics – including hearing aids, c-paps, chargers, and headphones – here: