

# ARE YOU A PARENT OF A CHILD WITH AUTISM?

Clinical research Opportunity! Participate in a qualitative study investigating parent and caregiver resources after their child is diagnosed with autism.

## Purpose of the Study

You are invited to participate in a study regarding the resources that parents and caregivers receive for their own well-being following your child's diagnosis of autism spectrum disorder.

In order to be eligible for this study **you must be a parent or caregiver of a child who was diagnosed with autism spectrum disorder in the last two years.** The child must have been diagnosed prior to turning 15 years old. Because this study involves an interview format, we are seeking English speaking participants.

## Study Requirements

If you choose to participate, you will be offered a **5-10 minute pre-interview** information session with the lead researcher to learn more about the study. The interview can be in-person or online and will last about **60-75 minutes.**

## Benefits and Goals of the Study

You will contribute to current clinical and research literature on autism spectrum disorder. The information gathered in this study will be used to gain a better understanding about what resources may be most helpful to children, parents, and families early in the diagnostic process and how these resources can best be offered.

This study was approved by the Augsburg University Institutional Review Board and approved on April 23<sup>rd</sup>, 2025.

Approval number: 2025-11-02

AUGSBURG  
UNIVERSITY



Claire Larson

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Lead Researcher

### Interested in participating?

Please contact me if you are interested in participating or would like to know more at [larsoncc@augsborg.edu](mailto:larsoncc@augsborg.edu).

Interviews will take place from **Winter 2025 through Spring 2026.**

This project is being completed as a requirement of the Doctorate of Clinical Psychology Program at Augsburg University. The faculty advisor is Dr. Christopher Anders, PhD, LP. Please contact him at [anders@augsborg.edu](mailto:anders@augsborg.edu).